Clobber at the cutting edge

Head-turning outfits at Graduate Fashion Week

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Studio made dreams a reality for newlyweds

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Singers for their suppers

Novel inspired by Second World War rag trade workers

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WWW.TOWERHAMLETS.GOV.UK

TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Seen Maureen? I'd love to say thanks

Good Samaritan used gift from pensioner to help stop crime

BY JESSICA ODUBAYO

GOOD does not often come as the result of anti-social behaviour.

But a man from Poplar has launched a campaign to find a woman who was knocked to the ground by a drunken youth – so he can tell her how he's trying to prevent it happening to anyone else.

Earlier this year, 21-year-old Josh Babarinde was walking home when he came across 73-year-old Maureen Harvey lying injured on the pavement outside All Saints Church, Poplar.

Maureen sustained head injuries after being knocked over by a drunk. Josh and other passers-by helped treat Maureen's wounds and waited until medics arrived at the scene.

Maureen took Josh's contact details and he went on his way, shocked but happy that he had been able to help. Two weeks later, he received a thank-you card and £25 from Maureen.

"It was totally unexpected," Josh said.

"I really didn't feel deserving of it. I just did what anyone else would have done."

Josh thought he should try to use the money to help prevent the kind of anti-social behaviour and crime that Maureen had been a victim of.

So, in partnership with social enterprise Year Here, intervention charity Streets of Growth, and phone repair firm iCracked, he used the money to help fund a project that trains east Londoners to repair smashed iPhone screens as a route away from gangs, crime and anti-social behaviour.

"The project encourages young people to use their skills to gain income in a positive way," Josh said.

The project has produced its first graduates, who are now trying to set up their own business.

"Our first graduates have made so much progress. We're now planning a bigger and better second programme," added Josh.

The Poplar resident has recently completed a course with Year Here, designed to develop entrepreneurial approaches to social problems.

He has shared news of the success of the enterprise with lots of people but there's still one important person yet to find out – Maureen.

Josh would like to say thank you and tell her about the impact her generosity is unwittingly having on young east Londoners.

You can help by sharing the **#SeenMaureen?** campaign on Facebook or Twitter or by contacting **josh.babarinde@yearhere.org**

Josh Babarinde wants to find Maureen Harvey, who he helped when she was hurt

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Concert for charity

Victoria Park Singers' summer concert, Samba in the City, is on Wednesday, July 15, at Regent Hall, Oxford Street.

WWW.VICTORIAPARKSINGERS.CO.UK

Great fun at Wednesday choir nights

"Our love of music is what has brought us together. The choir is a real group effort resulting in something very special. Wednesday nights are great fun and we are all really proud."

HANNAH BRINE, LEFT

News

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abc

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soundtalking

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Top award for founder of community choir

BY HELEN WATSON

A BOW woman has won a top radio award for her musical work in the community.

Hannah Brine from Victoria Park Singers is one of five recipients of BBC Music Day's inaugural Unsung Hero Award. Her award was announced by DJ Steve Wright on his BBC Radio 2 show on Tuesday, June 2.

Victoria Park Singers are a community choir formed by Hannah in 2013.

The group brings together members from all over Tower Hamlets, Bow and Hackney and their performances have raised more than £8,000 for charity.

Bob Shennan, director of BBC Music, said: "Unsung Heroes is about celebrating people, like Hannah, who make a big contribution to their community through music.

"Through the choir Hannah has forged relationships across her whole neighbourhood and it's a pleasure for BBC Music Day to acknowledge and celebrate her efforts."

Hannah Brine, founder of non-auditioned community choir the Victoria Park Singers

BBC honour for hero Hannah

The choir rehearses on Wednesday evenings during term time in the Royal Inn on the Park, and has performed at many local venues including St John of Jerusalem, the Victoria Park Big Gig and local Idea Stores.

After just two years the choir is now 100-strong with a diverse range of nationalities, ages and backgrounds. Hannah puts together programmes that draw on members' different musical traditions – the choir has sung in French, Spanish, Portuguese and Czech to name a few.

Jane Marlow, who sings in the choir, nominated Hannah.

"When I learned that the BBC was looking for Unsung Heroes, I thought Hannah would be a perfect candidate," she told East End Life.

Hannah, who lives near Victoria Park, said: "I'm deeply flattered that my choir took the time to nominate me and everyone is really excited that I actually won – in fact, it feels like we all won!

"Our love of music is what has brought us together and I have been very lucky – the singers are so enthusiastic, dedicated and get involved as much as they can. We have so many skills and talents between us; the choir is a real group effort resulting in something very special. Wednesday nights are great fun and we are all really proud the choir is receiving this attention."

Winners receive a BBC Music VIP Pass, giving them and their friends tickets to a musical event from a selection which includes BBC Proms In The Park, Radio 2 Live In Hyde Park and BBC Music Awards.

The Victoria Park Singers at St Giles-in-the-Fields Church

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Stepney Green and mayoral elections

Residents can vote to elect a new mayor of Tower Hamlets on Thursday, June 11, and a councillor for Stepney Green ward. Polling stations will be open from 7am-10pm.

SEE BELOW AND VISIT WWW.TOWERHAMLETS.GOV.UK/VOTE

Did you know...

Shoreditch was the original site of the Globe Theatre. A church on the site of St Leonard's became the actors' church.

WWW.SCT.ORG.UK/BARDSYARD

12 years for killing of teenager

BY STAFF REPORTER

A MAN has been sentenced to 12 years in prison for the manslaughter of 18-year-old Isschan Nicholls.

Simeon Hunter, 25, of Ambrose Walk, Bow, was found guilty following a five-week trial at the Old Bailey.

Police were called at 9.20pm on January 13, 2010 to reports of a fight in Parnell Road, involving up to 15 people.

Officers found two teenagers nearby suffering from stab wounds. Both were taken to the Royal London Hospital.

Isschan, who lived in Poplar, remained in a critical condition in hospital for two days. He died on January 15, 2010 from his injuries. A post-mortem gave the cause of death as stab wounds to the abdomen and thigh.

The second victim, aged 17, was treated and discharged.

An investigation followed, which spanned five years and included a £20,000 reward for information as well as repeated appeals by Isschan's family.

Detectives found that the fight involved a number of improvised weapons.

Forensic analysis found traces of Isschan's blood on Hunter's trousers – linking him to the scene and the fatal attack on the teenager.

Hunter was found guilty on Monday, June 1 and sentenced on Thursday, June 4 at the Old Bailey.

Detective Inspector John Venn from the homicide and major crime command said: "This was a challenging and complicated investigation; a large number of people were involved in the fight which took place when Isschan was fatally stabbed.

"Between 2010 and 2011 alone, 17 people – two women and 15 men – were arrested during the course of the enquiry."

"I hope today's verdict serves as a reminder that the homicide and major crime command will relentlessly pursue those involved in these crimes and bring them to face justice."

RESIDENTS are invited to a summer party and the opening of a Shakespeare-themed garden hosted by homelessness and addictions charity Spitalfields Crypt Trust. The event takes place at St Leonard's Church, Shoreditch High Street from 2-5pm on Sunday, June 14. It is part of celebrations to mark the charity's 50th anniversary this year.
There will be Shakespearean readings, live music, competitions, face painting, and freebies including wild flower seeds.

Right: Sonia, Sukhi and Jovan are looking forward to the garden party

Vote this Thursday for a new mayor

RESIDENTS are being encouraged to vote on Thursday to elect a new mayor for Tower Hamlets.

Polling stations will be open from 7am to 10pm on June 11 for residents to cast their votes. In the Stepney Green ward, local people will also be able to vote for a new councillor.

Poll cards

Every registered elector should now have received an official poll card which shows them when and where to vote.

If you are on the electoral register, you don't need your poll card with you to vote. You can attend the polling station and staff there will help you.

If you have lost your poll card, the council's online polling station finder will help you find your polling station. Go to **www.towerhamlets.gov.uk/vote**.

Keep your vote safe

The council has been working with the police and Electoral Commission to ensure the integrity of the election process.

If you have any concerns about electoral fraud, report them to **THElections @towerhamlets.gov.uk**.

How to vote

At the mayoral election you have two votes. Vote once by placing a cross in the box in column one for your first choice candidate and once by placing a cross in the box in column two for your second choice candidate.

You do not have to cast a second choice vote, but you must cast a first choice or your vote will not be counted. If you vote for the same candidate twice, your second choice vote will not be counted.

Residents in Stepney Green ward only will be able to vote for a councillor to represent their ward. Vote for one candidate only by placing a cross in the box next to the candidate of your choice.

Votes will be counted after the close of poll on Thursday, June 11.

The returning officer will declare who has been elected as mayor and who has been elected as councillor for Stepney Green ward. The results will be published on the council's website.

Don't give away your vote

Do not let anyone else take your vote or pressurise you to vote in a particular way.

At the polling station, take the ballot paper from the clerk and go into a booth to cast your vote in secret. Don't let anyone else touch your ballot paper. By law no other adult may go into the polling booth with you.

If you are a postal voter, you must complete the postal voting statement and ballot paper yourself, place the documents into envelope 'B' and post straight away.

You must not give your ballot paper or postal voting pack to anyone else to complete.

For more information, visit **www.towerhamlets.gov.uk** or call 7364 0872.

News in brief

Share your concerns with police chief

TOWER Hamlets Safer Neighbourhood Board is holding its first residents' question time this week.

The council's head of community safety, Andy Bamber, and Met Police borough commander Andy Ewing will be taking questions.

The event is at Alpha Grove Community Centre on Tuesday, June 9 from 6.30-8pm.

The board is attended by the council, the police, the London Mayor's Office for Policing and Crime, local police ward panels, Neighbourhood Watch, independent custody visitors and the independent advisory group.

The ward panels are made up of residents supported by local neighbourhood police teams.

Free Shakespeare

PHYSICAL theatre, original music and circus arts are being performed at an adventure playground in Shadwell.

A community production of The Tempest, Shakespeare's magical story of love, betrayal, power and revenge, will take place at Glamis Adventure Playground, 10 Glamis Road, on June 12, 13, 14 (Friday and Saturday at 7.30pm and Sunday at 3pm).

Entry is free but guests are encouraged to give a donation to the adventure playground.

Stepney fire

FIRE crews rescued two women from a blaze at a house on Durham Row, Stepney on Saturday, May 30.

Fire fighters wearing breathing apparatus used a ladder to rescue the women from the first-floor window of a terraced house and help them to safety.

Three children left the building before the brigade arrived.

Paramedics from the London Ambulance Service treated the householders for smoke inhalation at the scene. Two fire engines and ten firefighters from Whitechapel and Bethnal Green stations attended.

Secrets of a long life

"I packed up smoking 20 years ago, I eat well, walk a lot and do my own shopping and housework."

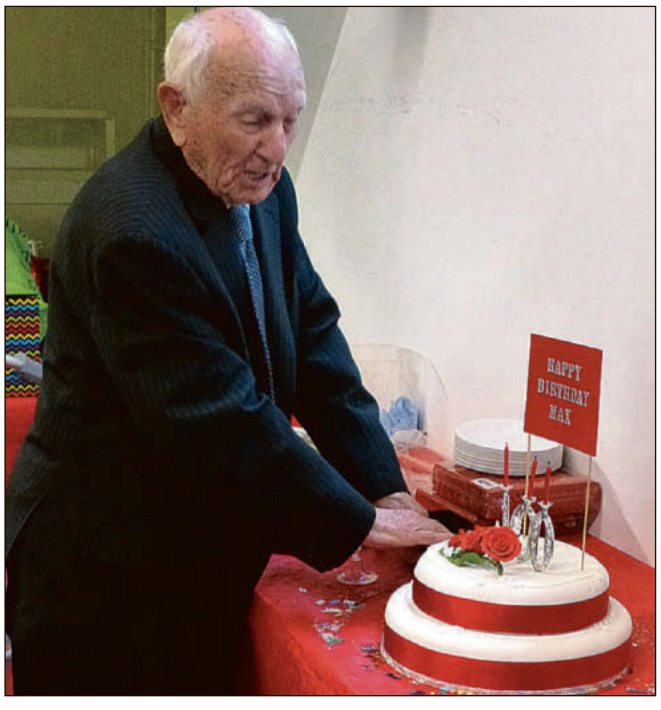
MAX LEVITAS, BELOW

They shall not pass

On October 4, 1936 Max Levitas took part in the Battle of Cable Street, where local people joined together to stop Oswald Mosley's Blackshirts marching through the East End.

News

Happy 100th to inspirational Max



Max Levitas with his birthday cake

BY JESSICA ODUBAYO

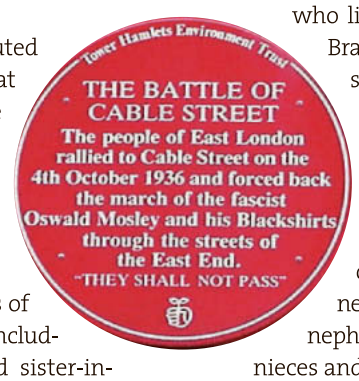
MORE than 100 people raised a toast to a community stalwart and anti-fascism campaigner celebrating his 100th birthday.

Friends and family saluted Max Levitas at a party at Whitechapel Idea Store on May 31. The gathering was organised by Max's niece, professor Ruth Levitas, with the help of siblings and cousins.

Guest included dozens of Max's extended family, including his sister, Toby, and sister-in-law, Jackie. They were joined by residents, community leaders, TUC General Secretary Frances O'Grady, Gerry Gable, publisher of anti-fascist magazine Searchlight, and members of the Cable Street group.

Max was born on June 1, 1915 in Dublin. The family moved to Glasgow when Max was 12 and there he joined the Young Communist League. The family moved to London in the early 1930s.

In 1941, Max married Sarah Freedman, who lived almost next door at Brady Mansions. In 1943 their son, Stephen, was born.



Max, who is also a former Stepney councillor, is well known for his political activity.

His large family includes 11 nieces and nephews, 21 great-nieces and nephews, and nine great-great-nieces and nephews.

The party began with speeches, a slide presentation and account of Max's family history and political activity.

"When The Times first introduced online searching, I searched for Levitas," niece Ruth told guests. "The first thing that came up was a report from 1934 of Max's arrest, aged 19, for painting anti-fascist slogans on the plinth of Nelson's Column.

"Max, never lacking in chutzpah, denied the charge, despite being caught with a wet paint brush in his coat pocket. He was fined £5. The report also notes that he was known as a public speaker, and had been fined before in connection with a demonstration outside the fascist headquarters."

Family members played and sang Yiddish songs. And Peter Babani, close friend of Max's son Stephen, who died last year, proposed a toast to absent friends.

Hedda Harris, Max's niece, presented a pennant signed by members of Spurs FC, of which Max is a lifelong supporter.

Max told East End Life that the party was great. Looking back over his century, some of the highlights include the 1930s and taking part in the Battle of Cable Street, as well as campaigning for welfare issues. He plans to write a book about his life.

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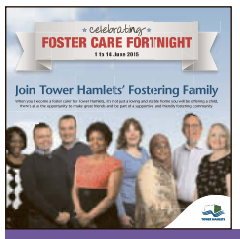

A first step to becoming a foster carer

If you are considering fostering, why not pop along to a council information session on Thursday, June 18, from 6-8pm, at Town Hall, Mulberry Place, 5 Clove Crescent, E14.

Thank you

"Volunteers have been instrumental in making this a better place to live."

MONICA FORTY (LEFT)

News

Uni walkout over job cuts

STAFF at the Aldgate campus of London Metropolitan University joined a strike over cuts.

Members of the University and College Union (UCU) and Unison walked out on Thursday, June 4, as part of a dispute over plans to axe 165 jobs.

A petition against the proposals, which affect academic and professional support staff, has received over 900 signatures.

UCU official Barry Jones said: "Strike action is always a last resort but, in order to avoid further disruption, the university needs to urgently reassess its plans and sit down again with unions to negotiate a better way forward."

A university spokesman said: "In 2014 we commissioned a report to review the size and shape of London Met, which showed our cost structure is too large.

"We have engaged fully with our unions to try to avoid the need for compulsory redundancies."

MORE than 100 people who volunteer at children's centres in Tower Hamlets were celebrated at an event in Mile End. Volunteers and parents' forum members went to the council's 'thank-you' party at the Ecology Pavilion, Mile End Park on June 3, as part of Volunteers' Week.

They were presented with certificates by Monica Forty, the council's interim head of learning and achievement.

Javeria Khalid, a volunteer at Ocean Children's Centre, said: "I walked into one children's centre and was immediately blown away by the dedication of the team. I felt part of a community and the next year I decided to volunteer.

"I would recommend anyone to look into volunteering. It is not only immense personal development, but probably one of the best ways to give back to the community."

Volunteer Alison is pictured with daughter Sasha, two.

News in brief

Classical concert

YOUNGSTERS from Tower Hamlets Arts and Music Education Service will play alongside Royal Academy of Music students this Wednesday, June 10.

Taking place from 6.30-7.30pm at Shoreditch Church, the concert will feature excerpts from Saint-Saëns 'Organ' Symphony No.3 and a newly commissioned work by John Webb.

Tickets are available on the door.

Make some history

BLACK History Month may not be until October, but the planning starts now.

The council is hosting a meeting this Wednesday, June 10, from 6pm at the Art Pavilion, Clinton Road, Mile End Park, to help groups prepare their events.

Booking is essential via **www.eventbrite.com**

Fostering advice from the experts

Chance to meet families already providing loving homes

BY IAN READ

PEOPLE considering fostering have the chance to meet some of Tower Hamlets' foster carers.

Anyone interested in offering a loving home to a child can speak with council staff and foster carers at a special information session.

The event is being held on Thursday, June 18 from 6pm until 8pm at Tower Hamlets Town Hall, Mulberry Place, 5 Clove Crescent, E14.

All are welcome and there is no need to book in advance.

The session is part of Foster Carer Fortnight, the nationwide celebration of foster carers.

Robert McCulloch-Graham, the council's director of education, social care and wellbeing, said: "Foster carers provide an invaluable service to children who are need in of a stable, loving family home.

"This information session is a great chance to meet some of our foster carers and to find out what fostering is really like."

Anthony Uddin and Momotaj Begum have been fostering since 2007.

Mr Uddin said: "We would encourage families to think about fostering. Tower Hamlets fostering team can put you in touch with carers, so you can have a chat with them about what it's really like."

Lydia Manguru, a foster carer for 14 years, said: "I have made some really great friends through fostering with Tower Hamlets.

"We regularly meet up for coffee mornings in each other's houses and arrange trips to the park with our foster children.

"We've even been on holiday together to holiday parks in the UK. This year we are planning a trip to France.

"I really enjoy fostering and especially appreciate the support I get from my fostering friends."

To find out more about fostering in Tower Hamlets, contact the council's experienced and friendly advisers on 0800 279 9850. Alternatively, visit **www.fosteringandadoption.co.uk**

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Chance to Shine

Two million children are playing cricket at school thanks to the Chance to Shine campaign.

Cricket for everyone

The Chance to Shine charity brings cricket coaching to primary and secondary schools, helps cricket clubs and encourages coaching for girls and disabled players.

WWW.CHANCETOSHINE.ORG

Moeen Ali with pupils from Bethnal Green Academy

Moeen goes bat to school

Moeen enjoys a game with kids in the playground

ENGLAND international cricketer Moeen Ali went back to school when he visited Bethnal Green Academy last month.

The all-rounder visited as part of celebrations marking the tenth anniversary of cricket charity Chance to Shine, which was formed at the school in 2005.

Students teamed up with pupils from Hague Primary School in Bethnal Green to take part in cricketing activities with Moeen.

Also at the event was cricket broadcaster Mark Nicholas, who co-founded the charity with Lord King, the former Governor of the Bank of England.

Representatives from the charity unveiled a plaque at the academy, to commemorate the charity's roots and milestone.

Principal Mark Keary said: "Chance to Shine's visit was a resounding success; we are proud of our role in helping launch the charity back in 2005 and we were delighted to spend time with Moeen Ali and the Chance to Shine representatives."

Mr Keary added: "The charity's work has been inspirational for our students, many of whom have discovered a passion for cricket and the benefits it can bring to young people's personal and social skills.

"We look forward to being involved in more Chance to Shine events in the future."

Bishop blesses new Bow nursery

Bishop Hudson at the new nursery, with head teacher Angelina John

BY JESSICA ODUBAYO

PUPILS and staff at St Elizabeth Catholic Primary School welcomed Bishop Nicholas Hudson of the Diocese of Westminster to officially open the school's early years unit.

The unit comprises a newly built nursery and two refurbished reception classes.

The project, which began in 2012, was funded by the diocese and parents, and refurbishment was completed at the Bethnal Green school last year.

"Early years originally had a one-room nursery and it was felt that we needed a better environment to best nurture our youngsters," a spokeswoman for the school told East End Life.

"We are now able to provide a whole early years foundation unit and we presently have the facility for 50 part-time nursery places with the intention to provide more full-time places in the future."

During his visit on May 21, Bishop Hudson blessed the classrooms and led mass in the infant school playground.

"The Bishop was impressed with the children's singing and their knowledge of the faith," the spokeswoman said.

Anita Bynoe, the school's religious education co-ordinator, commented: "We had a beautiful, spiritual and holy day."

Head teacher Angelina John added: "It was a pleasure to have mass with the Bishop to celebrate the early years unit, which will have a big impact on the children."

Rayhan's flying high

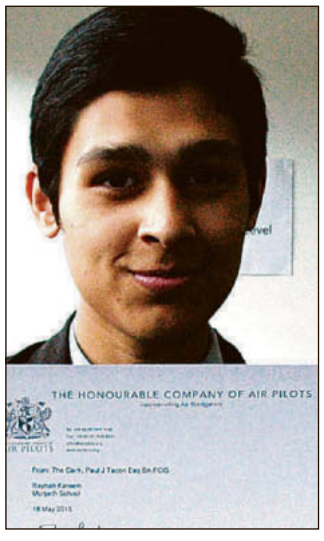
DREAMS came true for Morpeth School student Rayhan Kareem when the Honourable Company of Air Pilots awarded him a gliding scholarship.

Rosalind O'Connor, support teacher at the Bethnal Green school, nominated Rayhan for the scholarship.

The year 11 pupil attended an interview before being selected. When he received the letter confirming his success, he said: "This is the best day of my life."

The scholarship allows Rayhan to train to fly solo. He will complete a week of initial training at Portsmouth Naval Gliding Centre in August this year.

Ms O'Connor said: "I recommended Rayhan because of the dedication and commitment he shows to his interest in aircraft. Everyone who knows him in the school is aware of his passion. Wherever possible, he introduces facts about aircraft into lessons, and impresses us all with his knowledge."



Rayhan Kareem

Pupils help to keep the streets clean

STUDENTS from George Green's School have been doing their bit to keep the borough clean by helping the council install new litter bins.

Working with Citizens UK, students found sites near to the school where bins were needed and presented their findings to the council's clean and green and highways teams.

Following the presentation, the council installed eight bins.

The project was led by three sixth form students who wanted to improve the environment.

They undertook a community walk and interviewed 180 students about where bins should be located, then used their research to create a map marking the locations where they felt new bins would be most useful.

Simon Baxter, interim head of public realm, said: "I think this is an exciting opportunity to both listen to and work with young people who take pride in where they live and learn.

"The students should be incredibly proud of their approach in improving the local area and I encourage other schools to take their own initiative."

The students will now present their work at a school assembly. A representative from the council will also talk about using the Find It, Fix It, Love It app, so all residents can play a role in keeping the borough tidy.

No barriers to having a good time

Why Not People? hosts gigs and curates areas at other events, catering for people with physical and sensory impairments. Tinie Tempah (left) will headline its first Tower Hamlets event.

WWW.WHYNOTPEOPLE.COM

Retirement reform

Following government reforms, people nearing retirement have more say over how they use their pension pots.

SEE BELOW

News

Why Not People? ambassadors and Jameela Jamil © Sam Barker

A CLUB hosting inclusive live events that are accessible to disabled people is holding its first gig in Tower Hamlets. Social enterprise Why Not People? will launch on Wednesday, July 1, at the Troxy in Limehouse with Tinie Tempah headlining. The group has received support from musicians including Coldplay, Calvin Harris, Sam Smith, Ed Sheeran and Mark Ronson, Paralympic athletes Ade Adepitan and Jordanne Whiley, and TV personalities Alex Brooker, Martin Dougan and Sophie Morgan. Founder Jameela Jamil said: "It's amazing to have some of the finest talent on the planet supporting our cause and we're thrilled to announce our launch event with Tinie Tempah. "Our members and their mates can expect a night unparalleled. No one will be separated from their mates, everyone will be right in the action. This is just the first of many." An immersive audio device, which delivers low frequencies directly into the body providing a physical experience for music, movies and games, will be featured at the event. To join the club or purchase tickets, visit www.whynotpeople.com

Wise advice on pension choices

RESIDENTS who are approaching retirement, or aged 55 or over, are being offered help with understanding their pension options.

East End Citizens Advice Bureau (CAB) at 300 Mare Street, Hackney, has a team in place to offer older Tower Hamlets residents the guidance they may need before accessing their retirement funds.

Following pension reforms on April 6, people approaching retirement have greater freedom over how they can use their pension pots.

They will be able to take a lump sum, take out an annuity or opt for a mixture of both.

Pension Wise is a new service designed to help people make sense of their pension options, and empower them to make the right choices for them.

The CAB will be delivering free face-to-face sessions which are available to book now.

The 45-minute appointments will be tailored to the individual, taking into account the value of their pension and plans for retirement.

Guidance appointments are also available on the telephone, delivered by the Pensions Advisory Service.

To book a telephone chat or face-to-face appointment, call 0300 330 1001.

For information and general guidance online, visit **www.pensionwise.gov.uk**

Week to honour people who care

BY ANNA WILSON

CARERS Week, from June 8-14, recognises the important contribution made by carers every day.

This year the focus is on carer-friendly communities, acknowledging the work carers do, while recognising that they are individuals with needs of their own.

The council asked almost 300 people about their experiences of caring for friends or family.

The results provided a valuable insight into adult carers' quality of life and their experience of social care.

The results showed:

- **32 per cent of carers are extremely or very satisfied with the support they receive;**
- **34 per cent said they have a good quality of life;**
- **more than half said they do not have enough time to do the things they value or enjoy or have enough social contact.**

Dorne Kanareck, interim service head for commissioning and health at the council, said: "The questionnaire has provided us with information on where things are going well and where things need to improve.

"We have used this to draw up a carer plan, setting out how we will support carers throughout the next year.

"It will introduce a number of changes, many of which have been introduced nationally through the 2014 Care Act."

These changes will include:

- **providing carers with useful information and advice that is easy to find;**
- **ensuring those who need support are offered an assessment looking specifically at what they need help with;**
- **ensuring both young and adult carers get the support they need;**
- **increasing the number of ways the council can help.**

Carers Week will be celebrated locally with a number of events. A day for carers is hosted by the Alzheimer's Society with complementary therapies, refreshments, light lunch and information on dementia.

Drop by the Community Centre, 32 Merchant Street, E3 on Tuesday, June 9 from 10.30am-1.30pm.

For details call 8121 5626, or email **towerhamlets@alzheimers.org.uk**

The Black Women's Health Family Support will be running coffee mornings, relaxation sessions, massage therapy and a pamper day. All take place at the group's office at 82 Russia Lane, E2.

For details, call Nimo Mohamed on 8980 3503 or email **nimo.mohamed@bwhafs.com**

The Carers Centre provides information, advice and support. Call 7790 1765.

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TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 14 & 15

Addressing shortcomings

Barts Health is developing a comprehensive trust-wide improvement plan and the CQC has said it is encouraged by the progress made since the inspections were carried out.

SEE BELOW

Useful information

Challenging times

News from Barts Health NHS Trust

THE Care Quality Commission (CQC) has published its Quality Report for Barts Health and, following inspections of The Royal London, Newham University and Whipps Cross Hospitals, rated the trust 'inadequate' overall.

At The Royal London Hospital, an inspection earlier this year found patient outcomes are at, or better, than the national average across most medical and surgical specialties, though the report highlights a number of areas where improvements are required.

These include services for children and young people, addressing a culture of bullying and harassment, and reducing reliance on temporary staff. Operational challenges are also continuing to affect patient flow, waiting times and discharges.

The CQC also found that patients and relatives at The Royal London Hospital recognised our staff as being compassionate and caring and generally felt they received a good standard of care. In addition, inspectors noted the hospital as a pioneer in trauma care, with outstanding practice in stroke care, and critical care rated as good across the board.

We are now developing a comprehensive trust-wide improvement plan and the CQC has said it is encouraged by the progress that has been made since the inspections were carried out, including beginning to recruit a further 500 permanent nurses, midwives and healthcare assistants.

Steve Ryan, the Barts Health NHS Trust chief medical officer, said: "We are very sorry for the failings identified by the CQC in some of our services.

"We firmly believe in Barts Health as an organisation and strengthening leadership at each hospital site and working closely with our key partners will enable us to successfully deliver the Barts Health improvement plan."

We welcome Alwen Williams CBE as interim chief executive from June 1. Alwen has significant NHS experience as well as local knowledge.

Kidney disease

WE recently held our first Kidney Patient Exposition at The Royal London Hospital.

Attended by more than 150 patients with kidney disease and carers, we hope to improve the experience of our patients as well as raise awareness of kidney failure among local people.

Kidney disease costs the NHS more than breast, lung, colon and skin cancer combined. Yet many cases remain undiagnosed, leading to dialysis and perhaps transplant. Sadly, many people will die.

People at particularly high risk of chronic kidney disease include those with a family history, high blood pressure or diabetes.

One of the initiatives discussed was a new peer support programme for patients and carers to help newly diagnosed people adjust. Patients in the advanced stages requiring dialysis often struggle with the strict lifestyle which includes monitoring fluid and salt intake while regularly attending hospital for treatment.

The session also focused on the need for an increase in kidney transplantation and people carrying organ donor cards. Patients and carers were asked what would have made them think about their risk sooner, and what would help them to consider organ donation.

Breeda McManus, renal consultant nurse, explained: "When kidneys fail, it is a major life-changing event and the pattern of daily life has to alter substantially. While kidney donation is a possibility for some, unfortunately, we do need more live donor transplants, and organ donation among BME groups is particularly low.

"I hope by listening to our patients we can ensure they receive high-quality care as well as encouraging people at risk to seek help sooner."

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group
For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14.
0844 225 3704/0808 800 0303

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm.
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
7364 6495

Alzheimer's Society Tower Hamlets
Advice and help for carers and people with dementia.
Mon-Fri, 9am-5pm.
Robinson Centre, Mile End Hospital, Bancroft Road, E1.
8121 5626

Tower Hamlets Advocacy Project
Independent advocates for adults with learning disabilities.
Mon-Fri, 9.30am-4.30pm.
Gladstone Place, 1 Ewart Place, E3.
7364 2550/2199

Parents Advice Centre (PAC)
Offers advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9:30am-3.30pm.
364 6489

LinkAge Plus
An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Free Advice
Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.
7987 9379

Skillsmatch
Free advice on all aspects of employment including training, apprenticeships and job vacancies.
Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.
7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust
Offers support, information and friendship to parents and parents-to-be. Regular events.
07976 710964 or towerhamletsnct@yahoo.com
www.nct.org.uk

Breastfeeding Support Centres
Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14.
3594 2591 or 07961 609 626

Free home fire safety advice
From the London Fire Brigade
08000 28 44 28

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

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Issue no. Page no.

Careers advice

Tower Hamlets Careers Service
Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available.
Careers Centre, 35 Bow Road, E3.
7364 1401

TH Lifelong Learning
Mon-Thurs, 10am-4pm.
Shadwell Centre, 455 The Highway, E1.

Careers advice
Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm
Bishopsgate Institute, 230 Bishopsgate, EC2.
07432 463343

The future of fashion is right here...

GRADUATE FASHION WEEK

Graduate Fashion Week is a charity organisation founded in 1991 to unify both UK and international universities and create a stronghold for the creative industries.

WWW.GFW.ORG.UK

'Innovative & relevant'

"It feels amazing to win the award for fashion marketing. It's the best feeling in the world."

CHLOE DRAPER, BELOW

Feature

Thousands of people flocked to Brick Lane last week for Graduate Fashion Week, as **Jessica Odubayo** reports.

Left: UEL designer Danielle Spencer

> "I feel so happy that my hard work has been recognised. It makes me very emotional."
> Chloe Draper (right)

UEL at cutting edge of international fashion

University of East London student Yasmin Uddin

GRADUATE Fashion Week is an annual event that promotes new talent and showcases the future of creativity and vibrant design.

The work of more than 1,000 graduates was on display at the show, which also featured inspiring talks from some leading figures from the world of fashion.

The week of pop-up shows, live photo shoots and interactive talks at the Old Truman Brewery in Brick Lane culminated with a grand finale on Tuesday, June 2.

The event included an international show and a parade of eye-catching outfits, some weird some wonderful.

University of East London (UEL) student Chloe Draper scooped one of the biggest prizes of this year's event.

Chloe was declared winner of the fashion marketing award, much to her delight.

She was assessed on a business plan and marketing report she created for an online fashion company focused mainly on older women.

"It feels amazing to win the award. It's the best feeling in the world," said Chloe, who recently earned a degree in fashion design and marketing.

"I was so happy that my hard work has been recognised. It makes me very emotional."

Judges Michael Salac, a public relations director, and Craig Spellar, a fashion consultant, described Chloe's work as innovative and relevant.

Chloe's win wasn't the only highlight for UEL.

The university sent 23 student collections down the catwalk in a show the official event's blog described as "awe-inspiring".

Simon Robertshaw, dean of the school of arts and digital industries, said the university's fashion programme was unique among its peers.

He added: "We all know east London is the hotbed of creative talent.

"I think we want it to be slightly different. We want it to be edgy. We want to be involved in an urban culture.

"I think you'll see that in many of our students' collections."

Designs by UEL's Vilune Daunoraite and Samuel Olawuyi on the catwalk

Life can be better

"The new facilities can make life so much better. It's my job to make sure those who need help get it."

LIZ MATHURIN, BELOW

Tower Hamlets Homes

Helping in difficult circumstances

"All of us, including dad, wanted the new kitchen and bathroom installed, but with dad so sick it wasn't going to happen while he was in the house. Carol found a place for dad to stay."

POPPY, TOWER HAMLETS HOMES RESIDENT

News

It can be hard enough having work done in your home without the added pressure of being ill or incapacitated in some way. Tower Hamlets Homes helps some residents cope with the disruption involved when improvements are carried out as part of the Decent Homes scheme, as **East End Life** finds out.

How caring homes team can stop residents getting stressed

POPPY was keen for a new kitchen and bathroom to be installed in the family home, but was worried about how the disruption would affect her father.

"Dad has cancer and needs a lot of rest and care.

"He has a special bed and other medical equipment to help his condition," she explained.

"All of us, including dad, wanted to have the new kitchen and bathroom installed, but with dad so sick it wasn't going to happen while he was in the house."

But Carol Farnham, resident liaison officer for Tower Hamlets Homes (THH), was able to help to minimise any distress.

Poppy explained: "Carol found a place for dad to stay that was just around the corner from our house and arranged for our kitchen to be packed up.

"She also got dad's stuff to go with him, including his special bed, which the movers had to dismantle to get out of the house.

"Because she found accommodation so close, it meant that mum and my brothers could live at home while the works were being done, and it was really easy for them to visit dad any time they wanted."

Resident liaison team leader Liz Mathurin says recognising who needs help, and looking after those residents during the works, was crucial.

"This is a once-in-a-lifetime investment in your home. The new facilities can make life so much better for everybody. It's my job to make sure those who need help get it, so they can benefit from the improvements," she said.

People can need extra help for all sorts of reasons such as having a physical or mental illness, a bereavement, money worries or coping with a large family.

Although THH asks its contractors to keep disruption to a minimum, replacing toilets or sinks cannot be done without some disturbance.

THH can arrange to pack residents' kitchens and bathrooms and will also unpack when the works finish, and can even store belongings during the improvements.

On the rare occasions when residents cannot remain in their homes while work is carried out, THH can help find suitable respite care or accommodation.

Those who simply need to get out during the day can be taken to day centres, to return every evening.

Interim chief executive Jamie Carswell said: "We don't want anyone to miss out on a new kitchen and bathroom simply because they can't face the work being done.

"Let's see if we can help make it possible by offering some practical help and please, get in touch if you have concerns about a resident."

New kitchens have been fitted in many homes

A new bathroom suite being installed

Liz Mathurin and Foysol Uddin

Saud bridges language gap

THROUGH visiting 8,000 homes THH staff have uncovered a number of residents who have 'slipped through the cracks' of the social care systems.

Foysol Uddin, a liaison officer with the housing organisation, came across one resident who had just come out of hospital and needed support while her kitchen and bathroom were installed.

"The biggest barrier was that she could not speak English, her first language was Somali – and she was very isolated," Foysol said.

"Communication with her was hard, and we didn't get it right at the beginning because we were talking with her through a relative.

"But when Saud Omer from the THH Somali Family Intervention Project arrived we were able to make real changes to improve her life."

Saud (pictured) did more than translate, she ensured the resident knew what was happening and how THH could help.

She explained: "We moved the resident into respite accommodation close to her home. This meant she could keep an eye on her home during the works.

"Once they were done, THH helped her unpack and return home."

Foysol said: "I'm really pleased with how we worked together – and I think Saud saved a life. She helped an isolated and lonely person connect with the world and improve her life in the process."

Fundraising for earthquake victims

Promise Nepal is a UK charity run by a group of medical and other professionals who have a long-term association with and love of Nepal. They give their time and expertise free of charge.

WWW.PROMISENEPAL.ORG.UK

Cards to show you care

"Cards for Bravery shows how amazing children's creativity and imagination can be, as well as the care of others."

SEE BELOW

News

Kate's cards spread a little sunshine

Katie Callaghan with her Cards for Bravery

BY JESSICA ODUBAYO

TEENAGER Katie Callaghan knows from experience how being in hospital can make you feel down and sometimes alone.

And these feelings have inspired the 13-year-old, who receives treatment at The Royal London Hospital in Whitechapel, to create Cards for Bravery – handmade cards with a simple message aimed at bringing a smile to patients' faces.

At the age of ten, Katie was diagnosed with Ehlers-Danlos syndrome type 3, a group of disorders that affect the body's connective tissues, the skin, tendons, ligaments, blood vessels, internal organs and bones.

The condition particularly affects Katie's joints making them dislocate easily – meaning she uses crutches or a wheelchair to get around and is often in pain.

Katie has enlisted the help of friends and other patients at The London to make bravery cards, and hopes that patients across the country can eventually benefit from the project.

Katie, from Bishop's Stortford in Hertfordshire, said: "Getting cards in hospital is nice and reminds you that someone is thinking of you."

The youngster is supporting the play team at The London and Ehlers-Danlos Support UK.

Her mum, Debbie, said: "It's typical of Katie – she's had other ideas previous to this, but when I heard this I thought 'actually, that's brilliant'.

"She's done it all off her own back – the website, social media, everything. To say I'm proud is an understatement."

Tara Shea, play team leader at The London, said: "Cards for Bravery highlights just how amazing children's creativity and imagination can be, as well as the understanding and care of others in similar situations.

"Katie is a wonderful girl. I hope this project does really well."

When asked what she hopes to achieve with her cards, Katie said: "I hope other patients can feel happier as a result of receiving these cards, and that it can brighten their day a little."

www.bit.ly/cardsforbravery

News in brief

Charity classical concert for Nepal

CLASSICAL music will ring out on Friday, June 19, when Christ Church, Isle of Dogs hosts a fundraising concert in aid of victims of the Nepal Earthquake.

Jonathan Pease, recently appointed director of music at the church in Manchester Road, will be welcoming Maggie Burgess, chair of the charity Promise Nepal, who will speak about the recent disaster.

The event, starting at 7.30pm, will feature a programme of chamber music for flute, oboe and piano, including works by Debussy, Handel, Fauré, Poulenc and York Bowen, plus an original composition by Andrew Campling.

There will be refreshments and a collection for the earthquake appeal.

For further information email **jonathan.pease@parishiod.org.uk**

Free social media AQA training

A FREE training course in social media for business begins on Tuesday, June 9.

The course is accredited to AQA Level 3 and is open to unemployed residents age 18 and over. It will be held at Chrisp Street Idea Store, Poplar.

With flexible hours, the course will be continuously assessed and participants will be asked to write a final essay.

Travel expenses will be paid and refreshments provided.

To register, call 8980 5868 and leave your details or email **info@londoncitysteps.com**

Seaside day trips

OLDER people are invited to visit the seaside this summer, as part of day trips organised by the Zacchaeus Project based at Bethnal Green Methodist Church. The outings are subsidised and are offered on a first come, first served basis.

They include outings to Broadstairs on Saturday, June 13, Southend, on Friday, July 10, Worthing on Wednesday, July 22, Eastbourne on Wednesday, August 5 and Brighton on Friday, August 28.

Coaches will leave from outside the church in Approach Road at 9.30am. Call 8983 1568 or email **bethnalgreen1@aol.com**

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QUALITY COUNTS
NDNA ACCREDITED

Head to museum

The V&A Museum of Childhood in Bethnal Green is hosting a free family event on June 20.

SEE BELOW

Don't miss two open days in June

Britain's Museum of Immigration and Diversity is at 19 Princelet Street, Spitalfields. The Grade II listed building was built in 1719 as a home for Huguenot silk merchant Peter Abraham Ogier.

News

Exploring experiences of exile

The positive contributions refugees and migrants make to the UK will be celebrated during Refugee Week. **Jessica Odubayo** reports.

REFUGEE Week, from June 15-21, is being celebrated with events all over the borough.

The **Celebrating Sanctuary London festival** takes place at arts centre Rich Mix in Bethnal Green Road on Friday, June 19.

Rapper **Akala** will headline the event, which also features artists from the UK refugee and asylum-seeker community.

The MOBO award-winning MC and founder of the Hip Hop Shakespeare Company chronicles the global struggle for equality in his music, weaving together the history of imperialism, race and poverty, immigration and social conditioning, and the power of modern corporations.

Akala covers the theme of racism affecting people who have fled persecution and arrived in the UK to seek sanctuary.

Events start at 8pm. Tickets £10, £7 in advance are available via Rich Mix box office.

Call 7613 7498 or visit **www.richmix.org.uk**

Visit the Museum of Immigration © Veronique Du Bois

The **Museum of Immigration** at 19 Princelet Street, Spitalfields will be opening specially on Sundays, June 14 and 21.

The historic site, which has recently undergone protective works due to Crossrail tunnelling directly beneath the building, will showcase **Suitcases and Sanctuary (left)**.

The exhibition is made in poetry and prose by children of many backgrounds, working with artists and historians to explore stories of immigration and identity over centuries.

The opening will also feature **Leave to Remain**, in which artists Margareta Kern, Gonkar Gyatso and Suzanna Tamamovic – who themselves came to Britain as refugees – provide answers, challenge misconceptions and explore experiences of exile.

The museum will be open from 12-5pm (last entry 4.30pm) each day.

Free but donations are welcome. Call 7247 5352, visit **www.19princeletstreet.org.uk** or follow Twitter **@19pst**

The **V&A Museum of Childhood**, Cambridge Heath Road, Bethnal Green, is hosting a free **family event** from 10am to 4.30pm on Saturday, June 20.

Young people – and the young at heart – are invited to share stories, take part in workshops, watch live performances, theatre, and films, and learn about community projects.

For further information **visit www.vam.ac.uk/moc** or call 8983 5200

Akala headlines the Celebrating Sanctuary London festival

A celebration at 19 Princelet Street ©S Schwartz

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Hope of better days to come

"The glamour in the images is in stark contrast to the reality of the East End at the time... but a wedding photo by Boris was aspirational... hope for a brighter future."

MICHAEL CRIESMAN

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

History

Illusions of grandeur offered an escape from life's grim realities

BY JOHN RENNIE

THE streets of Whitechapel were grimy and tough. And, for most of the residents, existence was tough too.

Their living was probably piecework in one of the many garment factories that worked from dawn till dusk. Home was almost certainly a tiny portion of a sub-divided house.

But in one corner of Whitechapel it was forever Hollywood.

As the carts clattered by, market traders shouted their wares, and people coughed away the smoke and steam, a steady procession of couples would queue, garbed in finery worthy of Fred Astaire and Ginger Rogers, at No 14 Whitechapel Road.

All were waiting to have their photographs taken by the famous Boris Bennett.

Boris had been born Boris Sochaczewska in 1900 in Poland and at 18 left to work in a photographic studio in Paris.

By 1922 he was settled in Whitechapel and working as a sales rep. But it was when he started employing his photographic skills that things really took off.

At first he was a jobbing photographer, but to really succeed he needed his own studio. This was in the days of heavy, static cameras, mounted on a tripod.

Exposures weren't as long and slow as in the Victorian days, but still, the subject needed to come to the camera rather than the photographer going out to them.

So studios were the thing. And if all your pictures were taken in one room, why not make it... whatever you wanted.

So his studios, first at 150 Whitechapel Road in 1927, and from 1933 at No 14 became the acme of glamour.

Couples would arrive on a Sunday to have their wedding photos done, and would be arranged elegantly, but never stiffly, before Doric columns, a sylvan glade evoking Classical Greece, a sweeping Art Deco staircase suggesting a New York apartment.

All an illusion of course, but what an illusion. The cameras, cables, lights and stove might be a few inches out of shot and, a few yards away, the Whitchapel Road might be a confusion of buses, cabs, cries and banter... but within these few feet, all was perfurmed, perfect glamour, and captured forever.

And, understanding implicitly the power of image and illusion, Boris even employed a uniformed commissionaire to stand in the doorway to meet and greet clients. (Until 1937, it was a former Billingsgate fish porter named Sidney Long.)

Perfect? Well Boris had a wry take on that, saying that sometimes, when couples were queuing to be photographed he was tempted to rearrange them to create more perfect matches – probably based more on aesthetics than any sixth sense about their likely future happiness. From this he got the nickname 'Boris itch to switch'.

But with his own life partner there was no tinkering. Julia came to the studio one day in the late 1920s to get a passport photo. He was so entranced he proposed there and then, and the pair were married in 1929.

The photographs could have been buried in old family albums (many of course will be, with people to this day marvelling at the pictures of granny and granddad on their wedding day). But it would be a crime not to let the world see them.

So in Vintage Glamour in London's East End, a jewel of a book published by the Hoxton Mini Press, curator Michael Griesman, whose mother's family lived in the East End during the 1940s and 50s, has gathered some of the finest.

Clockwise from top left: Fay Komitz and Nat Issacs; Regina Becker and Barney Lazarus; photographer Boris Bennett

"The glamour in the images is in stark contrast to reality of the East End at the time," says Michael. "But a wedding photo by Boris was aspirational... hope for a brighter future.'

And, as Griesman says, the collection is a snapshot of a world already melting away. That aspiration would include getting out of the East End, to somewhere cleaner and with its own garden. Within a generation, most of these couples would be living in Golders Green, Ilford... anywhere but Whitechapel.

For the veteran actor and playwright Steven Berkoff, born in Whitechapel in 1937, the pictures immediately bring an East End Jewish childhood back to life.

"Boris was our semi-official wedding and Bar Mitzvah photographer. When I look through these photos I feel a tremendous nostalgia for the simple life and nourishing friendship of the East End," he says.

For Berkoff, who has directed around the world, acted on the West End stage and starred in Hollywood movies, nothing is more real than the "strong sense of hope and compassion" in the faces of the Alfreds and Isabels, Isaacs and Minnies who gaze optimistically through Boris's lens and into our eyes, decades later.

"There was a saying in the Jewish East End at that time," says Bennett's son, Michael, "that if you didn't have a Boris wedding picture, you weren't married. Even today it's hard to find a Jewish home where a Boris picture isn't on display."

The book is the result of six long years' work by Griesman and Frank Harris, relentlessly tracking down classic Boris. Most of the pictures reproduced in the book are black and white, some colour, and some tinted... but all are stunning.

Pin-sharp couples stand against beautifully lit backdrops that fade softly into the distance (all paste and cardboard, and 6ft behind them, but hey, illusion is everything). Even the oldest pictures, going back 75 years, have a superb sharpness.

Over his lifetime (he died in 1985) Boris took more than 150,000 photos – thousands of people's happiest days. "Many of these people were very poor," says Griesman. "But he made sure they looked a million dollars."

Vintage Glamour in London's East End (created by Michael Greisman and assisted by Frank Harris) is published in hardback by Hoxton Mini Press, hoxtonminipress.com at £25.

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets. gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Wednesday, June 10

6.30pm: Health Scrutiny Panel

For details call Elizabeth Dowuona on 7364 4207 or email elizabeth.dowuona@towerhamlets.gov.uk

Tuesday June 16

6.30pm: Licensing sub-committee

For details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

7pm: Development committee

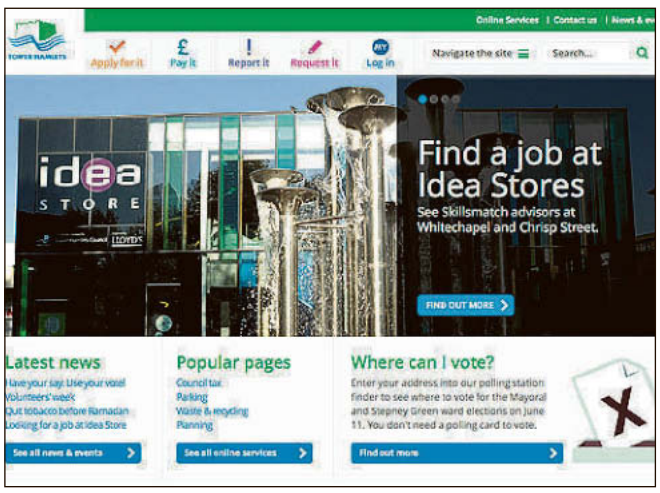
For details call Zoe Folley on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

Wednesday June 17

6.30pm: Commissioners' decision-making meeting

For details call Antonella Burgio on 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Planning

E1

245-247 Mile End Road – details of car-free, construction management and noise plans, planning permission, ref: PA/14/03485.

18 Newbold Cottages, Sidney Street – loft conversion with rear dormer.

E2

1-7 Temple Yard – non-material amendment of planning permission, ref: PA/15/00413.

493-495 Hackney Road – alteration of facades to private residential dwelling. Minor alteration of rooflight dimensions. Planning permission, ref: PA/14/2371.

94 Quilter Street – new window in rear elevation.

E3

Bow Enterprise Park, Cranwell Close – relocation of cycle storage lockers to opposite side of pedestrian pathway. Planning permission, ref: PA/10/1734.

E14

South Quay Plaza, Marsh Wall – environmental impact assessment for building comprising residential and retail together with minor material amendments to planning permission PA/14/00944 for erection of two residential-led, mixed-use buildings.

Land adjacent to Repton Street – approved drawing of planning permission, ref: PA/12/02131.

23 Flamborough Street – fir removal to ground.

Don't risk your health if fasting for Ramadan

BY HELEN WATSON

THE council and Tower Hamlets Clinical Commissioning Group (CCG) are urging local Muslims to take care of their health while fasting for Ramadan.

This year the holy month is expected to start on June 18.

As Ramadan begins in summer, when days are longer, the large number of hours spent fasting can increase the risk of dehydration.

Symptoms of dehydration include aches, cramps, dizziness and exhaustion. People with existing health problems such as diabetes or high blood pressure should be particularly careful.

Dr Shah A Ali, a local GP and CCG board member, said: "The weather can play a part in increasing the symptoms of dehydration while fasting.

"It's important you take all precautions during summer and avoid long periods of time in the sun.

"If you need to go outside for any length of time remember to bring an umbrella and sit in the shade.

"We encourage people to rehydrate after Iftar and before Suhoor. It is especially important to avoid all types of caffeinated drinks and drink water during this period."

Managing medication is vital. People with diabetes, high blood pressure or other long-term illnesses are encouraged to speak to their GP.

Eating a balanced diet is another important consideration.

Dr Sam Everington, chair of Tower Hamlets CCG, said: "The NHS Livewell website is a great tool for meal ideas.

"The meal plan includes ingredients from the five major food groups.

"During the non-fasting hours it is important you maintain a balanced diet, to keep your body functioning. Foods that release energy slowly such as carbohydrates and protein will help to maintain energy levels."

Dr Somen Banerjee, council director of public health, also had advice on quitting smoking.

"Your pharmacist or GP can provide support," he said.

"To speak to a member of the stop smoking team in English or Bengali, call 7882 8669 (women) or 7882 8660 (men)."

For more information about health and Ramadan visit **www.nhs.uk/Livewell/Healthyramadan**

If you are not registered with a GP you can find details of your nearest practice at **www.nhs.uk**

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre, 179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor, 20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village, Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel, 60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

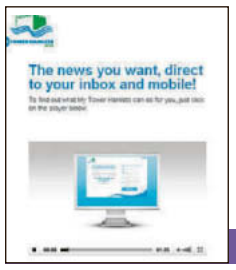
Old Church Nursery School and Pre School
Walter Terrace, Off Bromley Street, London E1 0RJ
Free Part Time places for eligible 2 year olds
Do you have a 2 year old child who would benefit from a place at Pre School?
We still have some places available!
Please contact: Fahima Begum
020 7790 2824

WLC BARRISTERS
Specialist law firm, managed by experienced Barristers offering affordable advice and representations in all Courts:
- Civil, Criminal, Company/Business law
- Immigration/Nationality (Asylum, Visas, Appeals)
- Divorce/Children/Financial settlements
- Negligence claim against professionals
- Property, Lease Transfer, Tenancy Dispute
- Will & Probate and General Common Law

No win No fee considered (t & c applies)
T: 020 7247 8458
E: info@westminsterchambers.com
(Offices in the City & Whitechapel)
www.westminsterchambers.com
Languages spoken: Arabic, Bengali, French, Hindi, Urdu, Spanish

Salem International Christian Centre
SALEM CARE LINES
Willing ears and caring hearts to share your burdens
Call the workers below, and somebody will be there for you
07943 842915: 7pm - 10pm
07481 242958: 7pm - 10pm
07984 102976: 7pm - 10pm
07534 668392: 2pm - 7pm
Your life matters, your life is important and God loves you.
Email: admin@salemeurope.org
www.salemeurope.org

To place your ad here, call...
Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

Send us your pictures

If you have taken a photograph that you would like to see published in East End Life...

SEE BELOW

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Employment & skills service (Skillsmatch) – 7364 3727
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

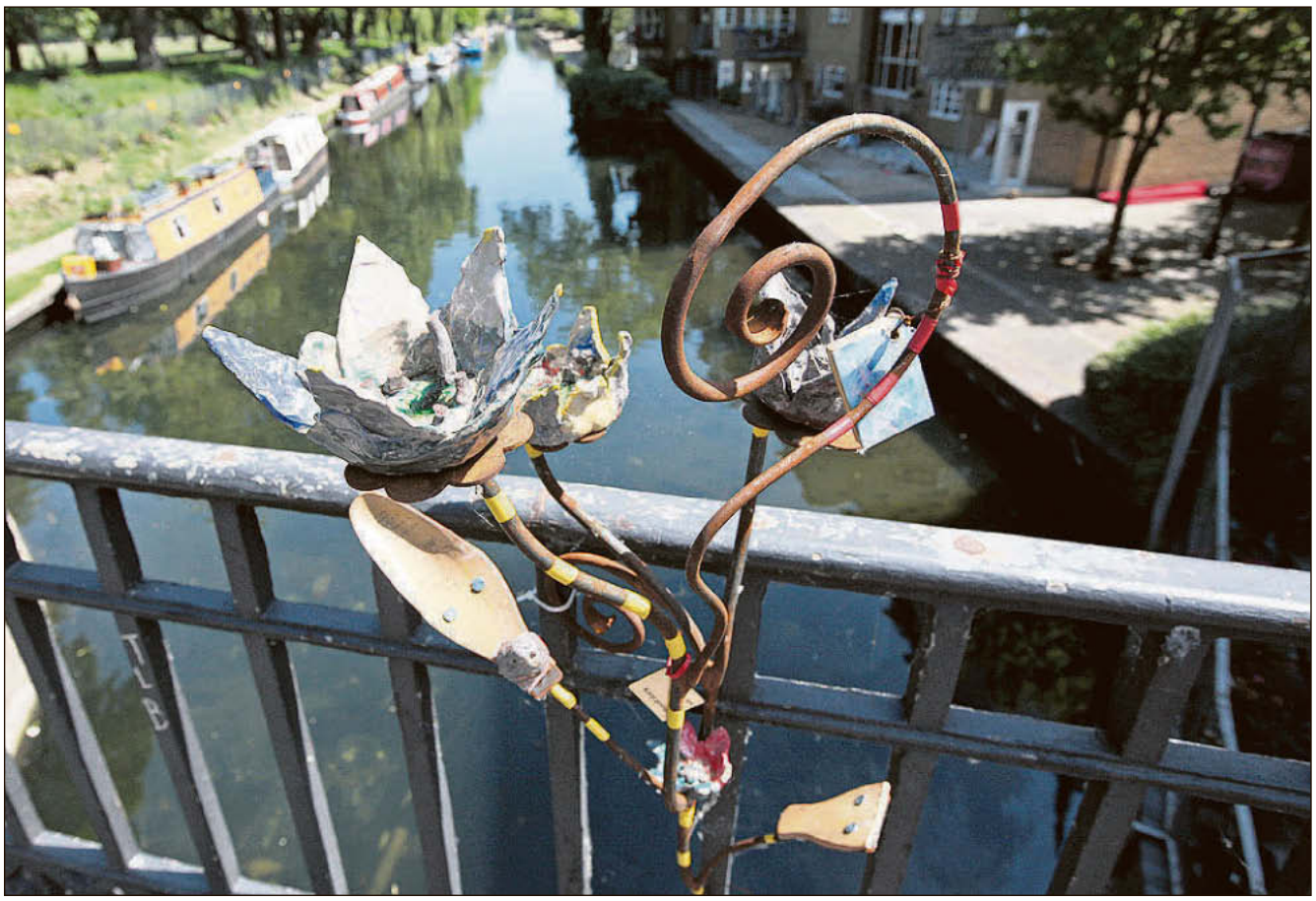
Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)

24-hour domestic violence national helpline
0808 2000 247

Haven Whitechapel (sexual assault referral centre)
7247 4787

Karma Nirvana (Honour Network Helpline)
0800 5999 247

Broken Rainbow (LGBT domestic violence)
0845 260 4460

Black Women's Health & Family Support
8980 3503

Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900

Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000

Childline
0800 1111

Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234

Men's Advice Helpline
0808 8010 327

Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

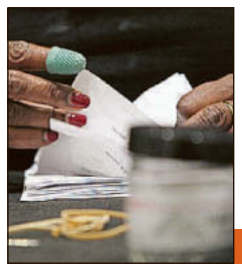
Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory@towerhamlets.gov.uk

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



১১ জুন ভোট দিয়ে নিজের মত তুলে ধরুন

১১ জুন বৃহস্পতিবার টাওয়ার হ্যামলেটসের মেয়র ও স্টেপনী গ্রীন ওয়ার্ডে একজন কাউন্সিলার পদে নির্বাচনের সকল ব্যবস্থা সম্পন্ন হয়েছে। ১১ জুন সকাল ৭টা থেকে রাত ১০টা পর্যন্ত ভোট নেয়া হবে। ইলেকক্টোরাল রেজিস্টারে তালিকাভুক্ত সকলে ভোট দিতে পারবেন। ভোট নিয়ে অনিয়ম ও প্রতারণা ঠেকাতে কর্তৃপক্ষ ব্যাপক ব্যবস্থা নিয়েছেন। বিস্তারিত এ পাতায়:

STEPNEY GREEN WARD AND MAYORAL ELECTIONS THIS THURSDAY

Musharixiinta doorashada

Don't forget to vote in mayoral election – page 3

WAXA lagu dhawaaqay musharixiinta u sharaxan jagada duqa degmada Tower Hamlets iyo xildhibaanimada xaafada Stepney Green doorashada dhacaysa 11ka Juun.

Codbixiyayaashu waxay haystaan fursad ay ku doortaan qofka ay doonayaan inuu noqdo duqa cusub ee Tower Hamlets iyo xildhibaanka ay doonayaan inuu kasoo baxo Stepney Green. Qofka loo doorto duqa degmadu wuxu hogaaminayaa degmada, wuxuna gaadhayaa go,aano fulineed oo ku saabsan adeegyada kala duwan ee councilka, isagoo metelaya waxay faa,iido ugu jirto degmada iyo dadka degan illaa 2018ka.

10 qof ayaa u sharaxan jagada duqa Tower Hamlets

Elaine BAGSHAW (Liberal Democrats)
John BIGGS (Labour Party)
Andy ERLAM (Red Flag – Anti-Corruption)
John FOSTER (Green Party)
Peter GOLDS (The Conservative Party Candidate)
Vanessa Helen HUDSON (Animal Welfare Party)
Hafiz Abdul KADIR (Independent)
Rabina KHAN (Independent)
Nicholas MCQUEEN (UKIP)
Md Motiur RAHMAN NANU (Independent

7 musharax ayaa u taagan xildhibaanimada Stepney Green

Sabina AKHTAR (Labour Party)
Safiul AZAM (The Conservative Party Candidate)
Kirsty CHESTNUTT (Green Party)
Abu Talha CHOWDHURY (Independent)
Will DYER (Liberal Democrats)
Jessie MACNEIL-BROWN (Something New)
Paul SHEA (UKIP)

Cid kale hasiin codkaaga!

WAA muhiim inaanad cidkale u ogolaan codkaaga ama culays kugu saarin inaad dariiq gaar ah u codayso.

Haddaad tagto goobta codbixinta, waa inaad waraaqda codbixinta ka qaadato karaanniga, tagto teendhada codbixinta, codkaagana u dhiibato si qarsoodi ah.

Ha u ogolaan in cid kale taabato waraaqda aad ku codaynayso, ama qof qaangaadh ihi kuu raaco teendhada codbininta.

Haddii aad boosta codbixintaada ku soo dirayso, waa inaad hubiso inaad adigu buuxiso waraaqaha aad codbixinta ku dirayso, ku rido galka laguu soo diyaariyey, boostana aad ku dirto.

Waa inaanad ogolaan inay cid adiga ku meteleysaa buuxiso warqaaha aad codbixinta ku dirayso.

Waa inaad hubiso inaad saxeexdo dukumeentiga codbixinta aad boosta kusoo dirayso, maaha khasab inuu saxeexaagu noqdo ingiriisi, laakiin waa inaad hubiso inuu la mid noqdo saxeexa arjiga codbixinta boosta iyo qoraalka waraaqda codbixinta, si codbixintaada loo tiriyo.

Qofkii qaata warqadda codbxixinta oo qof kale leeyahay waxaa dhici karta in dembi lagu qaado.

Muuqaalka sawirada farshaxanka

National Ballet to set up home on City Island – issue 1062

MUUQAALKA sawirada farshaxanka ee Bariga London ayaa waxa lagu samaynayaa balaadhintii ugu weyneyd, waxana lagu dhawaaqay qorshe ah in English National Ballet (ENB) eegayo, jiiraan cusub la noqonayo Canary Wharf.

Shirkada horumarinta guryaha ee Eco World Ballymore ayaa bilowday wejigii labaad ee horumarinta London City Island, waxayna ku dhawaaqeen inay wada shaqaynayaan ENB.

ENB wuxu usoo guurayaa London City Island oo ay degayaan, si ay u qorsheeyaan meelihii lagu samayn lahaa carbiska, si dadka dhaafayaa fikrad uga helaan indhasarcaadka muusikada, uguna hakadaan inay daawadaan matalaadaha dhexmaraya sagxadda dhulka ilaa safiitada daaqadaha.

Waxa intaa dheer, iskuul cusub oo muusikada ah, kaasoo suuragelinaya in la isticmaalo meelaha dadweynaha loogu talo galay ee dibada ka ah London City Island.

Wejiga labaad ee qorshaha London City Island waxa weeye in la dhiso 417 oo guryo cusub ah oo ah laba sakadood, kana kooban 12 hektar.

Waxa kaloo laga dhisayaa dukaamo, meelaha taariikhda farshaxanimada si loo tuso dadweynaha, meelaha riwaayaddaha lagu sameeyo.

Launch of Face 2 Face at Osmani Centre

ফেইস টু ফেইস সার্ভিস চালু হলো ২৮ মে হোয়াইটচ্যাপেলের ওসমানী সেন্টারে। স্পেশাল নীড রয়েছে এমন শিশুদের লালন-পালনের অসুবিধা নিয়ে সেখানে আলোচনার সুযোগ পেলেন পেরেন্টস ও তাদের অন্যান্য সহায়তাকারীরা। আরও তথ্যের জন্যে যোগাযোগ করুন: ইয়াসমিন মুমিথর : ০৭৪৩৬ ৮৩১ ২১৫ বা ভিজিট করুন: **www.scope.org/face2face**

বারার কয়েকজন স্কুল শিক্ষার্থি হামে আক্রান্ত

Small number of measles cases

টাওয়ার হ্যামলেটসের কয়েকটি প্রাইমারি ও সেকেন্ডারি স্কুলের হাতে গোণা কয়েকজন শিক্ষার্থি হাম রোগে আক্রান্ত হয়েছে বলে জানা গেছে। হামের টিকা এরা আগে নেয়নি। পাবলিক হেলথ ইংল্যান্ড, টাওয়ার হ্যামলেটস কাউন্সিলের সাথে মিলে স্থানীয় জিপি, স্কুল ও পেরেন্টদেরকে এ বিষয়ে অবহিত করছে এবং শিশুদের হাম, মাম্পস ও রুবেলা (এমএমআর) ভ্যাকসিন দেয়ার জন্যে বলছে। কাউন্সিলের ডাইরেক্টর অব পাবলিক হেলথ ড. সোমেন ব্যানার্জি বলেছেন: ভ্যাকসিনেশন ফ্রি এবং ১২/১৩ মাস বয়স থেকেই শিশুদের এটা দেয়া যায়। এটি না নেয়া হলে শিশু ও এডাল্টরা এই সংক্রামক রোগে আক্রান্ত হতে পারেন। ভিজিট করন: **www.nhs.uk/conditions/Measles/pages/Introduction.aspx**

১১ জুন ভোট দিয়ে নিজ মতামত তুলে ধরুন

Have your say, use your vote this Thursday – see page 3

১১ জুন বৃহস্পতিবার টাওয়ার হ্যামলেটসের মেয়র ও স্টেপনী গ্রীন ওয়ার্ডে একজন কাউন্সিলার পদে নির্বাচনের সকল ব্যবস্থা সম্পন্ন হয়েছে। ১১ জুন সকাল ৭টা থেকে রাত ১০টা পর্যন্ত ভোট নেয়া হবে। ভোটাধিকার প্রয়োগের জন্যে বারার বাসিন্দাদের প্রতি আহবান জানানো হয়েছে। ইলেকক্টোরাল রেজিস্টারে তালিকাভুক্ত সকলে ভোট দিতে পারবেন। ভোট নিয়ে অনিয়ম ও প্রতারণা ঠেকাতে কর্তৃপক্ষ ব্যাপক ব্যবস্থা নিয়েছেন। প্রতিটি পোলিং স্টেশনে পুলিশ উপস্থিত থাকবে। কাউকে সেখানে জটলা পাকাতে দেয়া হবে না। কোথাও কোন গোলযোগ হলে দ্রুত ব্যবস্থা নেয়ার জন্যে একটি মোবাইল পুলিশ টিমও কর্তব্যরত থাকবে। নির্বাচন সম্পর্কিত বিভিন্ন গুরুত্বপূর্ণ তথ্য এখানে দেয়া হলো।

পোলিং স্টেশনের অবস্থান

রেজিস্টার্ড সকল ভোটারের কাছে এরই মধ্যে পোলিং কার্ড পাঠানো হয়েছে। কোথায়, কখন ভোট দিতে হবে সেখানে তা বলা আছে। আপনার নির্ধারিত পোলিং স্টেশনের ম্যাপ ও লোকেশন আছে তাতে। আপনার পোলিং স্টেশন কোথায় অনলাইনেও তা জেনে নিতে পারবেন। ভিজিট করুন: **www.towerhamlets.gov.uk/vote**। পোলিং কার্ড এখনও না পেয়ে থাকলে ইলেক্টোরাল রেজিস্ট্রেশন অফিসে যোগাযোগ করুন: ০২০ ৭৩৬৪ ০৮৭২।

পোলিং কার্ড, আইডি...

পোলিং কার্ড হারিয়ে ফেললে তা পোলিং স্টাফদের জানিয়ে আপনার নাম ও ঠিকানা তাদের বলুন। আপনি ভোট দিতে পারবেন। পোলিং স্টেশনে আইডি দেখানো লাগবে না, পোলিং স্টাফকে আপনার নাম-ঠিকানা বলুন, রেজিস্ট্রেশন লিস্টে আপনার নাম থাকলে তারা আপনাকে ব্যালট পেপার দেবেন।

পোলিং স্টেশনে যাওয়ার পর...

স্টাফকে আপনার নাম ও ঠিকানা বলুন। ইলেক্টোরাল রেজিস্টারে আপনার নাম থাকলে ক্যান্ডিডেটদের তালিকাসহ ব্যালট পেপার তারা আপনাকে দেবেন। আপনি তাদের পোলিং কার্ড দেখাতে পারেন, কিন্তু ভোট দেয়ার জন্যে সেটা জরুরী নয়।

ব্যালট পেপার নেয়ার পর আপনাকে একটি পোলিং বুথে যেতে হবে যেন কেউ দেখতে না পারে আপনি কিভাবে ভোট দিচ্ছেন। কিভাবে ক্রস চিহ্ন দিয়ে ভোট দিতে হবে, ব্যালট পেপারে তা লেখা থাকবে। ব্যালট পেপারে আর কিছু লিখবেন না, তাহলে আপনার ভোট গণনা না-ও করা হতে পারে। ভোট গ্রহণ শেষে গণনা শুরু হবে এবং রিটার্নিং অফিসার গণনা শেষে ফল ঘোষণা করবেন।

গার্ডেনিং প্রতিযোগিতায় অংশ নিন

গাছ-গাছালী, বনজ-প্রাণ ও পরিবেশ সম্পর্কে উৎসাহি সকলে কাউন্সিলের উদ্যোগে আয়োজিত বার্ষিক গার্ডেনিং প্রতিযোগিতায় অংশ নিতে পারবেন। এন্ট্রি দেয়ার শেষ তারিখ শুক্রবার ১২ জুন। অভিজ্ঞরাই যে শুধু এতে অংশ নিতে পারবেন, তা নয়, নতুনদের জন্যেও সুযোগটি উন্মুক্ত। বিস্তারিত পড়ুন নিচে।

TOWER HAMLETS IN BLOOM COMPETITION CLOSES JUNE 12

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

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রেসিডেন্টস কোশ্চেন টাইম ৯ জুন

Residents' question time – see page 3

টাওয়ার হ্যামলেটস সেইফার নেইবারহুড বোর্ড চলতি সপ্তাহে প্রথম রেসিডেন্টস কোশ্চেন টাইম আয়োজন করতে যাচ্ছে। ৯ জুন মঙ্গলবার বিকাল ৬.৩০ থেতে রাত ৮টা পর্যন্ত এই কোশ্চেন টাইম অনুষ্ঠিত হবে আলফা গ্রোভ কমিউনিটি সেন্টারে (আলফা গ্রোভ, আইল অব ডগস, ই১৪)।

কাউন্সিলের হেড অব কমিউনিটি সেইফটি এন্ডি ব্যামবার ও মেট্রোপলিটান পুলি বারা কমান্ডার এন্ডি ইউয়িং অনুষ্ঠানে সাধারণ জনগণের প্রশ্নের উত্তর দেবেন।

বারায় অপরাধমূলক কর্মকান্ড সম্পর্কে স্থানীয় বাসিন্দারা তাঁদের উদ্বেগ ও পরামর্শ যেন সরাসরি বারা কমান্ডার ও হেড অব কমিউনিটি সেইফটির কাছে তুলে ধরতে পারেন, এই আয়োজনের মূল উদ্দেশ্য সেটি।

এতে উত্থাপিত ইস্যুগুলোর বিষয়ে নেয়া পদক্ষেপ সম্পর্কে চলতি বছরে আরও যে তিনটি রেসিডেন্টস কোশ্চেন টাইম ইভেন্ট হবে, সেখানে রিপোর্ট করা হবে।

ক্রাইম ও পুলিসিং সম্পর্কে বারার সাথে কমিউনিটিকে আরও সম্পৃক্ত করার উদ্দেশ্যে মেয়র অব লন্ডনের পরিকল্পনার অংশ হিসেবে টাওয়ার হ্যামলেটসে সেইফার নেইবারহুড বোর্ড গঠিত হয় গত বছরের আগস্টে।

বোর্ডের ইন্ডিপেন্ডেন্ট চেয়ার ফখরুল হক বলেন: পুলিশ ও কাউন্সিলের খুবই উচ্চ পর্যায়ের অফিসারদের কাছে কমিউনিটি সেইফটি ইস্যুসমূহ সম্পর্কে প্রশ্ন উত্থাপনের নজিরবিহীন সুযোগ এই ইভেন্ট। টাওয়ার হ্যামলেটস আরও নিরাপদ করতে প্যানেল কি ব্যবস্থা নিচ্ছে, বোর্ড কিভাবে পুলিশকে জবাবদিহিতার আওতায় রাখছে এবং অন্য বাসিন্দারা কিভাবে এই প্রক্রিয়ায় আরও সম্পৃক্ত হতে পারেন-বাসিন্দারা এসব বিষয়ে প্যানেলের বক্তব্য জানার সুযোগ পাবেন এই ইভেন্টে।

এই বারাকে আরও নিরাপদ করে গড়ে তুলতে মেট্রোপলিটান পুলিশ ও কাউন্সিল তাদের নিজ নিজ পরিকল্পনা বাসিন্দাদের সাথে শেয়ার করার সুযোগও পাচ্ছে এই ইভেন্টে।

News in brief

আইডিয়া স্টোরে পাবেন এমপ্লয়মেন্ট এডভাইস

হোয়াইটচ্যাপেল বা ক্রিস্প স্ট্রিট আইডিয়া স্টোরে টাওয়ার হ্যামলেটস কাউন্সিলের এওয়ার্ডপ্রাপ্ত রিক্রুটমেন্ট সার্ভিস স্কিলসম্যাচের এমপ্লয়মেন্ট এডভাইজারদের কাছ থেকে কর্মসংস্থানের সুযোগ (জব অপরচুনিটি) সম্পর্কে এডভাইস পাওয়ার সুযোগ সৃষ্টি হয়েছে।

এই দুটি আইডিয়া স্টোরে স্কিলসম্যাচ নিচের বিষয়গুলো সম্পর্কে সহায়তা দিয়ে থাকে:

- ট্রেনিং ও স্কিল সম্পর্কিত যেসব বিষয়ে নিয়োগদাতারা তথ্য পেতে আগ্রহী
- কাজ পাওয়ার জন্যে প্রয়োজনীয় এডভাইস ও গাইডেন্স
- সিভি তৈরী ও জব এপ্লিকেশন লিখতে সাহায্য
- ইন্টারভিউয়ের জন্যে প্রস্তুতি নিতে সহায়তা

কাউন্সিলের ডেভেলপমেন্ট এন্ড রিনিউয়্যাল বিষয়ক করপোরেট ডাইরেক্টর আমান ডালভি বলেছেন: এই সুযোগের কারণে স্থানীয় বাসিন্দারা স্কিলস, ট্রেনিং ও কাজের সুযোগ সম্পর্কে এখন আরও বেশি করে জানতে সক্ষম হবেন।

উল্লেখ্য, ২০০৪ সালে রেকর্ড সংরক্ষণ পদ্ধতি চালু হওয়ার পর থেকে টাওয়ার হ্যামলেটসে এখন এমপ্লয়মেন্ট রেইট সর্বোচ্চ।

থেমসের মিউজিক ইভেন্টস

টাওয়ার হ্যামলেটস আর্টস এন্ড মিউজিক এডুকেশন সার্ভিস (থেমস) চলতি জুন মাসে আয়োজন করছে বর্ণাঢ্য মিউজিক অনুষ্ঠানের। এগুলোর মধ্যে থাকছে: ১০ জুন বুধবার বিকাল ৬.৩০-রাত ৭.৩০ শোরডিচ চার্চ: সেইন্ট-সীনস অরগান সিম্ফনি নং ৩এর বাছাই করা অংশ এবং জন ওয়েবের সঙ্গীতানুষ্ঠান।

২৩ জুন মঙ্গলবার স্ট্র্যাটফোর্ড সার্কাস সকাল ১০-দুপুর ২.৩০: থেমস উম্পাহ স্পেকটেকুলার ব্রাস ব্যান্ড ওয়ার্কশপ ও কনসার্ট।

২৩ জুন মঙ্গলবার এলএসও সেইন্ট ল্যুকস-এ স্পেশাল কনসার্ট দ্য টেইক এ বাও বিকাল ৬.৩০-রাত ৭.৩০: পরিবেশনায় থেমস ও লন্ডন সিম্ফনি অর্কেস্ট্রা (এলএসও)। অংশ নেবে বিভিন্ন স্কুলের ৪০ জন শিক্ষার্থি। টিকিট ৭ পাউন্ড (কনসেশন ৫ পাউন্ড) বারবিকাণ বক্স অফিস থেকে সংগ্রহ করতে হবে।

২৬ জুন শুক্রবার হেকনী রাউন্ড চ্যাপেল বিকাল ৬.০০-৭.৩০: বারা বিটস-এর সঙ্গীতানুষ্ঠান।

The above stories are: look for a job at your local Idea Store; summer events with THAMES.

লেটিং এজেন্সিতে ফি-র পূর্ণাঙ্গ তালিকা টানিয়ে রাখতে হবে

Letting agents publicise fees – 1062

নতুন আইন অনুযায়ি টাওয়ার হ্যামলেটসের সকল লেটিং এজেন্সিকে কাস্টোমারদের জন্যে তাদের সকল ধরণের ফি আগেই প্রকাশ করতে হবে।

লেটিং এজেন্সি ও প্রোপার্টি ম্যানেজমেন্ট খাতে এজেন্সিগুলোর সব রকমের ফি, চার্জ ও পেনালটি প্রকাশের বিষয়টি নিশ্চিত করার জন্যে টাওয়ার হ্যামলেটস কাউন্সিল এই নতুন আইনের আওতায় সকল এজেন্সিকে নির্দেশ দিয়েছে।

ভাড়া দেয়ার আগে বা পরে এবং তা অব্যাহত থাকাকালে এজেন্সিগুলো ল্যান্ডলর্ড বা টেনেন্টেদের কাছে যেসব খাতে অর্থ দাবি করবে, তার পূর্ণাঙ্গ তালিকা প্রকাশের নির্দেশ দিয়েছে কাউন্সিল। নতুন আইনের কারণে ল্যান্ডলর্ড বা টেনেন্টদের আকস্মিকভাবে অর্থ পরিশোধের দাবির মুখোমুখি হয়ে বিস্মিত হওয়ার অবকাশ আর থাকবে না। তাঁরা আগে থেকেই জানবেন, তাঁদেরকে কখন কতো ফি দিতে হবে।

আইনে বলা হয়েছে, কাস্টোমাররা যেন স্পষ্ট দেখতে পান, এজেন্সিতে তালিকাটি সেভাবে টানিয়ে রাখতে হবে। এজেন্সির ওয়েবসাইট থাকলে সেখানেও এই তালিকা থাকতে হবে।

এডমিনিস্ট্রেটিভ কস্ট-এ জাতীয় কথা লিখলে হবে না। তালিকাটি পূর্ণাঙ্গ হতে হবে এবং প্রত্যেকটি ফি বা চার্জ কি খাতে ধার্য করা হয়েছে, তা স্পষ্ট বর্ণনা করা থাকতে হবে। কোন সারচার্জ বা গোপন কোন ফি রাখা চলবে না ও তালিকায় উল্লেখ করা সব ফি-র মধ্যে অবশ্যই ট্যাক্স অন্তর্ভুক্ত থাকতে হবে। যুক্তিসঙ্গত কারণে কোন ফি আগে নির্ধারণ করা সম্ভব না হলে, কি বিবেচনায় তা নির্ধারণ হবে, তা তালিকায় স্পষ্ট বর্ণনা থাকতে হবে। আইনটি ঠিকমতো মানা হচ্ছে কি-না দেখতে টাওয়ার হ্যামলেটস ট্রেডিং স্ট্যান্ডার্ডস আগামি এক বছরের মধ্যে বারার সব লেটিং এজেন্সি পরিদর্শন করবে।

গার্ডেনিং প্রতিযোগিতায় অংশ নিন

Show off your blooms – 1062

কাউন্সিলের বার্ষিক গার্ডেনিং প্রতিযোগিতায় অংশ গ্রহণের জন্যে এন্ট্রি দাখিলের শেষ তারিখ শুক্রবার ১২ জুন। চলতি জুন মাসের শেষ ও আগামি জুলাইয়ের শুরুর দিকটায় বিচার-পর্ব অনুষ্ঠিত হবে।

কমিউনিটি গার্ডেন, ঘরের ব্যালকনি, ব্যবসা প্রতিষ্ঠান, স্কুল-যে কোন খোলা স্থান গাছ লাগানোর কাজে ব্যবহার করতে আগ্রহীরা এই প্রতিযোগিতায় অংশ নিতে পারবেন।

সকলকে গাছ-গাছালী, বনজ-প্রাণ ও পরিবেশ সম্পর্কে উৎসাহিত করে তোলার লক্ষ্যে ১৯৭১ সাল থেকে এই কর্মসূচি আয়োজিত হয়ে আসছে। বাগান করার কাজে অভিজ্ঞরাই শুধু এই প্রতিযোগিতায় অংশ নিতে পারবেন, তা নয়, কমিউনিটি সংগঠন, স্কুল এবং নতুন যে কেউও এতে অংশ নিতে পারেন। প্রতিযোগিতাটি বিভিন্ন ক্যাটাগরিতে বিভক্ত। উল্লেখ্য, প্রতিযোগিতার সকল এন্ট্রি এমন স্থানে হতে হবে যেন চলাচলকারী সকলেই তা সহজে দেখতে বা সেখানে যেতে সক্ষম হন।

তবে এই শর্তের বাইরে থাকবে এলটমেন্ট, ওয়াইলডলাইফ-ফ্রেন্ডলী গার্ডেন ও শিক্ষা প্রতিষ্ঠান ক্যাটাগরি। আরও তথ্য জানতে ফোন দিন: স্যাম ব্লিউইট ০২০ ৭৩৬৪ ৪১৪৭।

Party to celebrate children's centre volunteers – see page 5

বারার চিলড্রেন্স সেন্টারগুলোর শতাধিক ভলান্টিয়ারকে সম্প্রতি সম্বর্ধনা দেয়া হলো মাইল এন্ডের ইকোলোজি প্যাভিলিয়নে। চলতি বছরের ভলান্টিয়ার সপ্তাহেই আয়োজন করা হলো এই সম্বর্ধনার। ৩ জুনে অনুষ্ঠিত এই সম্বর্ধনায় অংশ নেয়া কয়েকজনকে ছবিতে দেখা যাচ্ছে তাদের সার্টিফিকেট হাতে। তারা মাইল এন্ড চিলড্রেন্স সেন্টারে ভলান্টিয়ারিং করে থাকেন।

Singing the praises of t

While researching her book Secrets of the Singer Girls, author **Kate Thompson** discovered a chilling fact – her namesake had been killed in the Bethnal Green Tube disaster. Here, Kate recalls the disaster, the dire poverty of the time and the vital role the women of the East End rag trade played in the war effort.

STARING down the unassuming stairway that leads into Bethnal Green Tube station, I found myself about to be taken on a journey back in time.

On a bright day with streams of commuters descending the stairs, nothing could look more ordinary.

But 72 years ago, as a battle-weary Britain fought the evils of Nazi Germany, the biggest civilian disaster to happen during the Second World War took place on the station's steps.

In the space of less than 30 seconds, 173 people, mainly women and children, were crushed to death on the stairway that led down to what was then an underground air raid shelter.

An anti-aircraft battery in nearby Victoria Park launched a salvo of rockets and, fearing that Hitler had unleashed a new kind of warfare, the crowd surged forward.

A mother carrying a baby tripped on the stairs and, like a pack of cards, dozens of others fell, one by one.

The scenes were unimaginable on that damp, blacked-out and bleak March night in 1943.

Desperate men dived into the crowds to pull their loved ones free; bodies lay tangled and jumbled, shoes flew through the air.

Men and women ran down the middle of the street pulling handcarts and pushing barrows to load bodies on to.

Air raid wardens in tin hats worked alongside housewives in aprons. Even Boy Scouts pitched in to help.

> **"By dawn the next day, the bodies had been removed, the stairs washed down and all that remained was a small pile of wet shoes neatly stacked by the entrance, and a broken pram that lay discarded nearby."**

By dawn the next day, the bodies had been removed, the stairs washed down and all that remained was a small pile of wet shoes neatly stacked by the entrance, and a broken pram that lay discarded nearby.

For a wartime government desperately trying to keep up morale, news of this leaking out would have been nothing short of disastrous.

Hitler would have had a field day with it. So instead, the shattered survivors put up and said nothing. There was no counselling, no acknowledgment of what we now call post-traumatic stress disorder, and certainly no compensation.

Seamstresses at work using the instantly recognisable Singer sewing machine

Kate Thompson was inspired by the courage of wartime women

My reason for wanting to visit the sight where so many people died wasn't born out of morbid curiosity, however.

I was there to research it as I had already decided to feature the disaster in the novel I was writing.

Set in the East End of London during the Second World War, Secrets of the Singer Girls attempts to unravel the mysteries that bind four machinists who work their fingers to the bone sewing Navy and Army uniforms.

The research I had already conducted revealed a world of poverty, grim survival, immense bravery and human tragedy in wartime Bethnal Green.

Many of the women who worked in the then thriving East End rag trade suddenly found themselves no longer stitching beautiful dresses and children's wear bound for the smartest stores, but instead, sewing heavy-duty army battle dress, surgical field bandages and, once the fighting had started, repairing uniforms peppered with bullet holes.

It must have been hellish repairing uniforms and stitching bandages bound for the battlefields, to say nothing of how it brought the horrors of war into sharp focus.

But the women tackled the long hours and gruelling workload with guts and aplomb.

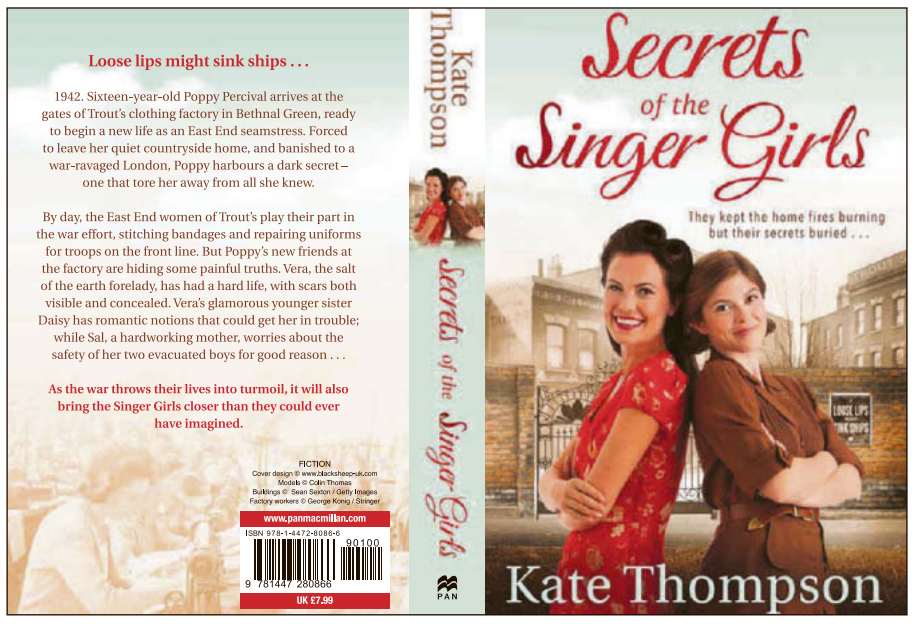
Not that they had much choice, even if they did object. The job was classed as 'essential war work', and upping and leaving simply wasn't an option.

So instead, they stayed seated behind their Singer sewing machines and sang their hearts out while they sewed. Singing along to Music While You Work or Workers' Playtime alleviated the boredom.

Some of the younger, more inventive of the women workers also found ways to amuse themselves. Slipping love letters and notes into Army uniform pockets or

the selfless Singer Girls

Kate with, from left: Margaret Bowen from Stepney, Emily Shepherd from Bethnal Green, Henrietta Keeper from Stepney, Sally Flood from Whitechapel, and Peggy Percival, now living in Kent



Secrets of the Singer Girls is on sale now

stitching them into the bandages. What soldier, aching for news from home wouldn't have been delighted to find a note in his pocket suggesting "write to me if you're in the mood and I'll be in the nude"?

It was an imaginative response to the lack of young men left behind and typified the rag trade worker, who had always been used to trading on her wits.

Today, the East End is unrecognisable but back then, the streets of Bethnal Green, Bow, Spitalfields, Stepney, Aldgate and Whitechapel were teeming with mainly Jewish-owned garment factories, all crowded with women working 'in the rag' and struggling to make ends meet through piece work.

The blistering poverty of those times can never be underestimated. The East End in the 1930s and 1940s was a place of gritty hardship, aching hunger and staunch loyalties.

The Boundary Estate, built in Bethnal Green, was the world's first council housing. Strong moral codes of conduct governed the cobbled streets and ruled the redoubtable women who lived cheek by jowl in its terraces and tenements. The Welfare State hadn't been dreamt up, and the streets were filled with the hungry poor.

Children walked about bare foot or in shoes patched up with cardboard. Strips of newspaper were used in place of toilet roll – or, as a one woman told me: "Mum just dried my bum with a handful of flour!" – and many ragged children queued for a free breakfast from the East End Mission.

Two centuries of uncontrolled development and a large poor population led to chronic overcrowding and, by 1931, the census recorded that 18,156 dwellings housed 27,978 families in Bethnal Green.

A 1936 pre-war report on the Health of the Borough of Bethnal Green, held at Tower Hamlets Local History Library and Archives, observed wryly: "There is a paradox that in a borough noted as a centre of the boot, shoe and clothing trade, only a reported 5 per cent of children are well clothed and shod."

This was a world I needed to attempt to understand in order to write about it with any degree of authenticity. So just how does a suburban mother-of-two attempt to understand a world of teeming slums and get beyond the nostalgic clichés?

It started with a meeting with a venerable lady in the heart of Bethnal Green. Formidable former machinist Kathy – nudging 90 and still line-dancing – survived the depression of the 1930s, the Blitz and post-war slum clearance. But of all these events, the one that clearly had the biggest impact on her was the Tube disaster.

"My son says: 'You want to forget it, Mum – it's done,'" she explained.

"But it's not done as far as I'm concerned. I'll never forget standing there looking at all those dead bodies lined up on the pavement, with fat tears trickling down my cheeks."

Over a cup of tea, she handed me an order of service from the memorial held each year and, there in black and white, was my name. My research had brought me face to face with my namesake, Kate Thompson – and she had lost her life in the disaster.

It's hard to put into words the emotions of seeing your own name on such a grim roll call.

Just who was the other Kate Thompson, and what led her to flee to the so-called sanctuary of the underground that fateful day? Did we share more than just a name?

From that moment I knew that whatever it took, I would write this book so that Kate, and all the other people who died that night, would have a voice that at the time was stolen from them.

For more information, see Secrets of the Singer Girls on Facebook or follow **@SingerSecrets** on Twitter.

Next week: more from Kate Thompson, including the story of her namesake.

Modern twist

The Tempest is thought by many to be the last written solely by the Bard.

A celebration of children

"Hidden Identities Unfinished demonstrates the strength of character children have developed. Their sense of personal pride, community spirit and human kindness is to be celebrated."

SAM TAYLOR WOOD, DIRECTOR AND ARTIST

Out & about guide

What's on where this week

Exhibitions

George Shaw: The Last Days of Belief
Social realist paintings which capture municipal landscapes from the artist's youth.
Until Sun, Jul 12.
Weds-Sat, 11am-6pm, Sun 12-6pm.
Wilkinson Gallery,
50-58 Vyner St, E2.
www.wilkinsongallery.com

Homes of the Homeless: Seeking Shelter in Victorian London
Paintings, photographs and objects tell the story of poor people in London. With events and talks.
Until Jul 12. £5, £3 concs.
Geffrye Museum,
136 Kingsland Road, E2.
7739 9893

Hidden Identities
Photographs by Yvonne De Rosa of children and families living in adverse conditions in Bosnia and Romania. Until June 28.
V&A Museum of Childhood,
Cambridge Heath Road, E2.
8983 5200

Sophie von Hellermann: After a Fashion – A Play with Fire
New paintings by the Margate-based German artist in her romantic style.
Free. Until Sat, Jun 20. Tues-Sat, 11am-6pm.
Vilma Gold, 6a Minerva St,
Bethnal Green, E2.
7729 9888

Barbara T Smith: The Poetry Sets
The second installment of Columbidae curated by Laura McLean Ferris focuses on the American artist's Xerox works from 1965-66. The five poetry sets capture Smith's dual life as mother and artist.
Until Sun, Jul 5. Thurs-Sun, 12-6pm.
Free.
Cell Project Space, 258 Cambridge Heath Road, Bethnal Green, E2.
7241 3600

Mental Illness and Me
Drawings by artist Bobby Baker chart her experience of mental illness, family life, work and breast cancer recovery.
Until Sun, Jul 19. Open during GP surgery hours.
The Bromley by Bow Centre, Saint Leonard's Street, E3.
8709 9700

Jonny And The Baptists: The End Is Nigh
Last year, Jonny accidentally told his four-year-old niece that climate change was going to end the world. To stop her crying, he and Paddy promised to fix it. They really tried very hard.
This is the brand new show from multi-award-nominated musical comedians Jonny & the Baptists, stars of Radio 4's The Now Show and Infinite Monkey Cage, being performed at Canary Wharf's Roof Garden on Thurs, Jul 30 at 7pm. Free. Roof Garden, Crossrail Place, North Dock, Canary Wharf, E14.
Visit www.space.org.uk

Theatre

The Tempest
Cornucopia Theatre Company presents its fourth site-specific Shakespeare production.
Fri and Sat, Jun 12 & 13, 7.30pm; Sun, 3pm. Free.
Glamis Adventure Playground,
Glamis Road, E1.
www.cornucopiatheatre.co.uk

Angels in the Park
Five 10-minute Irish plays exploring mortality, family and the need to connect.
Tues, June 16. Free.
Audience meet at The Art Pavilion,
Mile End Park, E3
www.shivaproductions.ie

Kids

Under 5s Storytime
Visit for a fun and interactive story, told using puppets, museum objects and music.
Thursdays during term time, 3-3.30pm
Museum of London Docklands, E14
www.museumoflondon.org.uk

Deaf after school club
For ages 5-12. Mon-Fri, 4-6pm.
Tower Project,
45-55 White Horse Road, E1.
naima@towerproject.org.uk

Kids' Creative Dance Classes
Mini-movers, 2-3yrs; leaps and strides I, 4-5yrs; leaps and strides II, 5-6yrs; dash, 7-11yrs. Sat mornings.
£44-49.50 per term or £4.50/£5 per term. Chisenhale Dance Space,
64-84 Chisenhale Road, E3
8981 6617

Ballet for children
Every Thurs. Ages 2 1/2 - 3 1/2 years, 2-2.30pm, 4-6 years, 4.45-5.15pm.
Alpha Grove Community Centre,
Isle of Dogs, E14.
nina.monteiro@hotmail.com

Rhyme Time
Thurs, 2-3pm.
Watney Market Library,
30-32 Watney Market, E1.
7790 4039

Young & talented?
Performing arts group for 6 to 16-year-olds. Sats, 10.30am -1.30pm, term-time.
Oxford House,
Derbyshire Street, E2.
8556 5348

The Farm is FREE to all visitors and everyone is welcome

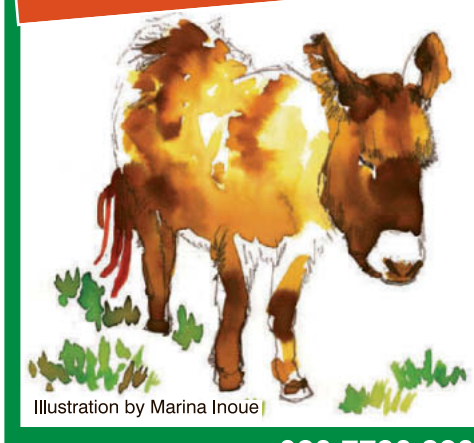


Illustration by Marina Inoue

Stepney City Farm is a working farm, rural arts centre and community meeting place. We give children and adults a chance to meet farm animals, learn how to grow food and try out arts and crafts.

Our award winning café serves delicious homemade food, you can buy eggs, fresh produce and preserves in the farm shop and there is a weekly Saturday farmers' market. We also host special evening and weekend events with guest chefs.

Opening Times
Farm: Tuesday–Sunday 10am-4pm
Farmers' market: Saturday 10am-3pm
Cafe: Wednesday–Friday 9.30am-2.30pm | Saturday–Sunday 10am-4pm

Stepney City Farm
Registered charity number: 1136448.

To book school trips or enquire about group visits please email youth@stepneycityfarm.org

020 7790 8204 | www.stepneycityfarm.org | @stepneycityfarm | facebook.com/stepneycityfarm

children's ART WEEK
www.engage.org

Inspiring, engaging and entertaining

Children's Art Week is run by Engage, the National Association for Gallery Education and supported by Children & the Arts and the D'Oyly Carte Charitable Trust. For information visit...

WWW.CHILDRENSARTWEEK.ORG.UK

Pick up an art bargain

The first Art Car Boot Fair was held in in 2004 with 30 exhibitors. The event now features more than 70 artists.

WWW.ARTCARBOOTFAIR.COM

Children can enjoy activities, starting this weekend

Art week is set to inspire

CHILDREN'S Art Week, which runs from Saturday, June 13 to Sunday, June 21, will see thousands of families descending on visual arts venues, schools, libraries and community centres across the UK, to be inspired, engaged and entertained by art.

For five days Half Moon Theatre will open its doors for gallery visits, as well as running two workshops on Tuesday, June 16, with print and textile artist Deborah Andrews, exploring the themes and philosophy behind her current exhibition A Stitch in Time: Reflections from Childhood.

She will lead two tours exploring her ideas, motivation and thinking, as well as her working methods.

They will allow visitors a glimpse into the creative process and the chance to ask questions directly to the artist.

During their visit, visitors will be able to take part in a gallery trail around the exhibition, create responses to the art on chalkboards below the pictures, as well as colour in a selection of works.

Beccy Allen, Half Moon's creative learning producer, said: "We look forward to welcoming young people from across Tower Hamlets.

"From working with Deborah Andrews to creating their own art in response to our current exhibition Half Moon offers an opportunity for young people to express themselves."

Half Moon Theatre is at 43 White House Road, E1.

For details call 7709 8900 or **www.halfmoon.org.uk**

Artists Gavin Turk and Nina Fowler (below) will be returning this year to sell pieces created just for the day

Big-name bargains at Brick Lane boot fair

World famous artists gearing up to sell their work direct to buyers

BY MELANIE YEA

THE Vauxhall Art Car Boot Fair is the event where leading lights from the art-world sell their work direct to members of the public.

And this year it will be parking up in Brick Lane Yard on Sunday, June 14, with a line-up of both established and up-and-coming names.

The event is a buying frenzy from the moment the doors open with works typically on sale for between £10 and £1,000.

Artists including Tracey Emin, Sir Peter Blake, Polly Morgan, Matt Collishaw, Rachel Howard & True Rocks and Gavin Turk will be personally pitching up to sell their original and limited edition works of art out of the backs of new and

vintage Vauxhall cars. Among those making their fair debut will be Rachel Howard, Marc Quinns, Lisa Milroy, Dolores de Sade, Elli Popp, Ray Richardson, Holly Allan, Print Battles, Smithson Gallery and the Soho Art Society.

Founder and curator Karen Ashton said: "This year the fair is bringing a slew of new talent into the car park, incredible performances, unbelievable art bargains and an ecstatic never-seen-before dog show to boot."

All good-natured dogs are welcome on leads and will have a one-off chance to be photographed with their owners in a car boot by artist Maria Teresa Gavazzi.

And continuing the doggy theme, this year artists have been invited to present canine-influenced artwork.

Artists Jake & Dinos Chapman, Bob & Roberta Smith, Rachel Howard, Ben Eine, Matt Small and Oisin Byrne will be creating artworks on car bonnets provided by Vauxhall.

Bidders will have the unique opportunity to buy a completely original piece during a live auction at the end of the day, with each artist donating proceeds from the sale of their bonnet to either Just for Kids Law or The Hepatitis C Trust.

As usual the car park will be full of English eccentricity, incredible bargains, eclectic wares and madcap performances. Richard Strange's Cabaret Futura will be hosting a Daylight Cabaret with singers, hilarious stand-ups and unforgettable performance acts.

The Art Car Boot Fair will take place at Brick Lane Yard, at the corner of Brick Lane and Buxton Street, E1 on Sunday, June 14. Doors open at 12noon-6pm. Tickets cost £5 and are available on the door.

For more information on the event visit **www.artcarbootfair.com**

News in brief

Temporary town is utopia for artists

AS PART of London's annual Festival of Architecture, which runs throughout June, a temporary utopian city made up of installations, dens and assemblages is set to appear on a prime piece of land close to the Olympic site.

Curated by Rebecca Feiner and created by more than 50 artists in Hackney Wick, it is being created thanks to the generosity of one of the oldest local businesses in the area – H Forman & Son, which has operated in east London since 1905.

It will be set on the former site of the Hackney WickED Art Festival Riviera at Forman's Fish Island.

It will use re-purposed and recycled materials reflecting the resourceful and collaborative nature of Hackney Wick's artistic community.

Featuring art, performances, talks, workshops, stand-up comedy and poetry, the event runs from Friday, June 26 to Sunday 28.

For more details visit the Facebook page **DEN-City1**

Visit Wonderland

THE Artists in Wonderland exhibition at the Espacio Gallery commemorates the 150th anniversary of the first publication of Lewis Carroll's Alice in Wonderland.

The exhibition reveals the artists' distinctive interpretations of the classic children's story.

From tiny details through to sweeping concepts, each artist brings you their own unique insight into the world of Lewis Carroll.

Visitors can enjoy a range of exhibits including an interactive, mechanical sculpture, bespoke hats and imaginative character portraits.

Artists in Wonderland, which ends this Sunday, June 14, is open Tuesday to Saturday, 1-7pm and Sunday, 1-5pm.

The gallery is at 15 Bethnal Green Road, E2.

For more information, visit **www.espaciogallery.com**

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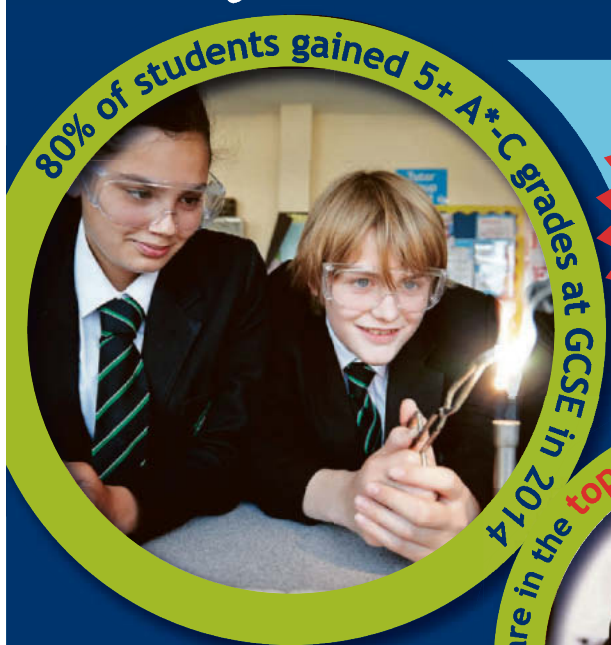

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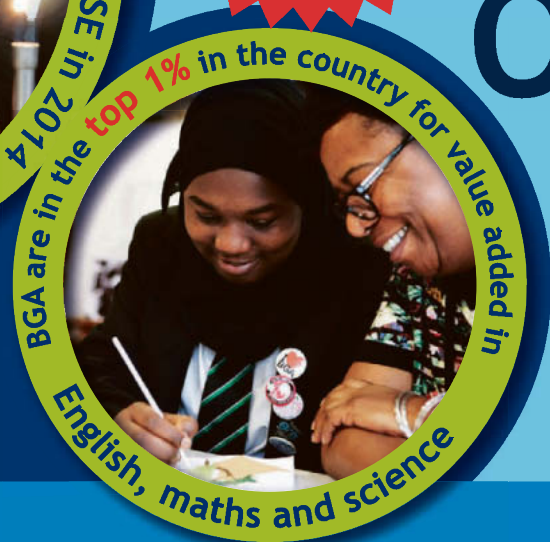
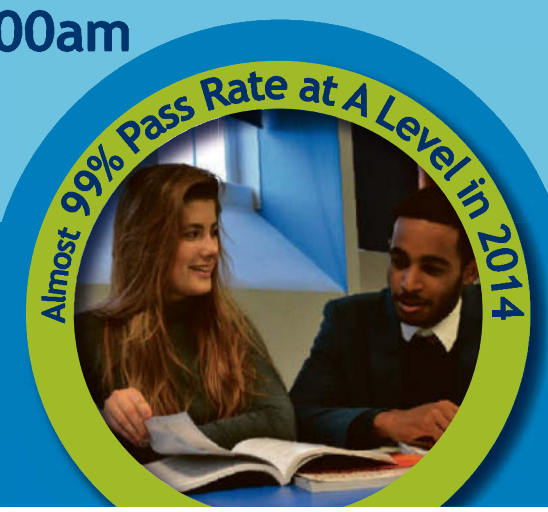


'Students' achievement in Key Stages 3 and 4 is remarkable.'
Ofsted, December 2012



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Head up the creek for top-notch café culture

BY AVARICIOUS ARCHIE

TRINITY Buoy Wharf, in the far east of the borough, is the site of London's only lighthouse, by the confluence of the River Thames and Bow Creek at Leamouth.

It styles itself as Docklands' arts quarter, home to artists, musicians and writers with space for work, performance, rehearsal, events and dining.

Bow Creek Café is, according to its Facebook page, a family-run business offering home-cooked, organic food from all over the world.

There is music – by way of vintage vinyl and the occasional live acoustic performance – as well as pop-up art showcase events, book, vinyl and small antique jumble sales.

Weather permiting, I think al fresco dinning would be my preference to make the most of this unusual location.

However, on this day, it was 'chilly taters' as my lunch companion so succinctly put it. So we entered the cosy nook, an oasis (if such a thing can strictly speaking be said to exist in a riverside setting) amid the London grey.

Care, attention and an arty vibe at Bow Creek Café

The staff were very friendly and, as well as preparing home-cooked fare, made one and all feel at home with warm greetings, a smile and attention to detail that is a hallmark of good customer service.

My partner in crime ordered a baked potato with humous and roasted onion and peppers, served with a crisp, green salad. I decided upon organic mushroom soup and a Big Buoy Breakfast – sausages, bacon, eggs, mushrooms, brown bread, white fried bread and home-made baked beans.

The food was all of a high standard – the baked potato was warming and substantial and would have been more than enough for me. As my companion said: "Yum!"

My mushroom soup, which can sometimes be a little lacking in flavour, was memorable, bursting with taste (I should have asked about the stock) and perfectly seasoned.

The Big Buoy Breakfast was good enough to make the visit worthwhile on its own. It is clear that care and attention had been taken in the sourcing of the individual elements, which were all well cooked and delicious.

As I write this my stomach is grumbling at the memory. Feels like another visit is in order, especially now the warmer days are here.

Bow Creek Café is at Trinity Buoy Wharf, Orchard Place, E14. Tel: 07591 383757.

Simple salmon looks the part

THIS dish looks very impressive when served but is very simple and quick to produce.

Salmon is a classed as an oily fish and has quite a strong flavour, but it is popular even among adults and children who are not usually that keen on oily types of fish.

Serve this with baby new potatoes and mixed salad for a perfectly balanced and nutritious summer supper dish.

Crunchy lime salmon

Ingredients

Salmon steaks – 1 per person
1 egg, whisked (use 2 if you are cooking 3 or more steaks)
Packet of breadcrumbs – freshly made or shop bought
Bunch of spring onions
Zest of 2 or 3 limes
Juice of 2 or 3 limes
Pepper

Method

1. Preheat the oven to 180C (170C fan oven), gas mark 4, 350F.
2. Zest the limes by grating the skin over a bowl – choose the smallest grater area so the bits are very small.
3. Squeeze the juice of the limes in another bowl.
4. If you have time, marinate the salmon steaks in lime juice overnight.
5. Chop the spring onions very small.
6. Combine the breadcrumbs, lime zest, spring onions and pepper and place on a flat plate.
7. Pour the whisked egg on another plate.
8. Dip the salmon steaks in the egg and then pop into the breadcrumbs, turning them over so the top and bottom are coated. Place on a baking tray.
9. If you haven't marinated the steaks overnight, sprinkle some lime juice over the top (you can use any leftover juice in sparkling water for a refreshing drink).
10. Cook in the oven for about 20-25 minutes (depending on how thick the steaks are).

By Michele Sandelson, Tower Hamlets Public Health dietitian

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REDEVELOPING WESTFERRY PRINTWORKS PUBLIC EXHIBITION

London and Regional Properties acting on behalf of Northern & Shell Investments No.2 Limited will shortly be applying to the London Borough of Tower Hamlets for permission to redevelop the Westferry Printworks site, on Westferry Road.

Following last year's exhibitions, we have produced a final set of proposals for the Westferry Printworks site. We are keen to share these with you and hear your views on the future regeneration of the site, prior to the submission of a planning application.

The redevelopment of the existing Westferry Printworks site will include the provision of a new secondary school, new park and public open space, a new dockside walk, commercial space and up to 900 new high-quality homes.

WE WILL BE HOLDING A PUBLIC EXHIBITION TO SHOW OUR UPDATED PROPOSALS ON:

Friday 19th June 12noon to 7.00pm
Saturday 20th June 9.30am to 1.00pm

The public exhibition will be held at the Docklands Sailing and Watersports Centre, 235a Westferry Road, Docklands, E14 3QS

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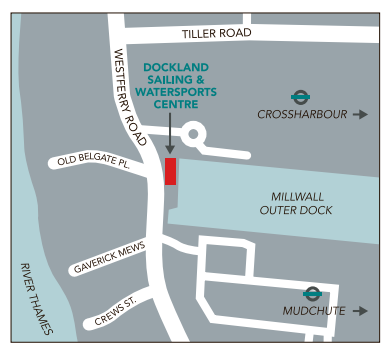

GET STARTED EAST

Loans and support for new businesses

Get Started East is inviting loan applications from small enterprises and entrepreneurs looking to get their business off the ground but struggling to secure traditional finance.

EMAIL FRANCESCA.COLLOCA@POPLARHARCA.CO.UK

Have a nosy around

For more information on local gardens participating in the Open Squares weekend, visit...

WWW.OPENSQUARES.ORG

Bee-friendly planting at Cable Street

Visit hundreds of hidden gardens

News from Cable Street Community Gardens

THE weekend of June 13-14 marks two days of heaven for garden enthusiasts when they are able to visit hundreds of tucked away green oases and 'secret gardens' all over the capital.

People come from all over the country to enjoy Open Squares weekend which shows how even the most inhospitable of places can be turned into something beautiful, enjoyed by the whole community.

Cable Street Community Gardens will open its gates this year on Saturday, June 13 from 10am-4pm. Everyone is welcome to stroll around the gardens and enjoy homemade cakes and produce on the way.

There will be a guided history walk led by local historian Ray Newton at 2pm and live music during the day, along with children's quizzes and activities.

Cable Street Community Gardens is taking part in Open Squares weekend

Proceeds from a book stall will go to the Nepalese Earthquake Appeal.

So come and spend a relaxing hour or two in this very special space. Entry free for local residents. Visit **www.opensquares.org** for more details.

By Jane Sill

Loans for start-ups

Finance and expertise to help small businesses

BY JESSICA ODUBAYO

SMALL enterprises and entrepreneurs looking to get their business off the ground are being given a boost with the launch of a project offering £150,000 of loans and support.

Get Started East is a joint initiative between three social housing organisations – Poplar HARCA, Swan and Tower Hamlets Homes. The trio are working with The Swan Foundation and the Start Up Loans Company.

The programme will support residents to start or grow their own businesses by distributing small loans to those struggling to secure traditional finance.

The average loan amount is anticipated to be between £3,000 and £5,000.

Interest rates are competitive and loan recipients will have access to a mentor, free training events, exclusive offers and can be connected with a network of other local businesses.

Babu Bhattacherjee, director of communities and neighbourhoods at Poplar HARCA, said: "We're delighted to be able to give local people the boost they need to get going.

"Initial capital investment can be vital, but money is wasted without a robust support structure. This programme marries finance with expertise to help us create a host of new east London entrepreneurs."

Mary Gibbons, executive director of strategy and support at Swan Housing Association, added: "We're delighted to be working at a local community level to help grow and support the local business community."

Fokrul Hoque, strategic engagement manager at Tower Hamlets Homes, said: "East London is a real hub of creativity, diversity and entrepreneurship.

"We are proud to be involved in this important project which will help many budding local businesses to thrive by getting them the support and expertise they need."

Prospective businesses should email **francesca.colloca@poplarharca.co.uk** or call 7510 0568.

Share your creative ideas for St Clements

FAMILIES are invited to take part in a storytelling and model-making workshop aimed at creating ideas for the redevelopment of the St Clements Hospital site in Mile End.

The event, taking place from 2-4pm at Applecart Studios, Merchant Street, Bow, this Saturday, June 13, will give families a chance to go on a treasure hunt and then build models of the site, using the objects they have found. The models will be publicly exhibited in July.

The workshop is free to attend. Register at **sarah grimshaw@hotmail.com**

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We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

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website: www.towerhamlets.gov.uk

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Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
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B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

Housing Demand

Demand by bedroom need and Banding as at 01 June 2015

Bedroom(s) needed	Band 1A	Band 1B	Band 2	Band 3	Total
1 bed	644	194	1,456	6,359	**8,653**
2 bed	504	78	2,053	1,681	**4,316**
3 bed	212	124	3,737	913	**4,986**
4 bed	89	68	1,249	103	**1,509**
5 bed +	20	7	147	12	**186**
Total Current Demand	**1,469**	**471**	**8,642**	**9,068**	**19,650**
Total Lets 01/04/2015 to 31/05/2015	**55**	**53**	**188**	**18**	**314**

Homes Let from 01/04/2015 to 31/05/2015

Bedroom size	Band 1A	Band 1B	Band 2	Band 3	Total
(Bedsit) 0	0	0	17	0	**17**
1	15	33	52	17	**117**
2	21	8	78	0	**107**
3	13	6	31	1	**51**
4	4	6	10	0	**20**
5	2	0	0	0	**2**
6	0	0	0	0	**0**
7	0	0	0	0	**0**
Total	**55**	**53**	**188**	**18**	**314**

Landlord and property type of homes let

Landlord	Bungalow	Flat	House	Maisonette	Total
COUNCIL	1	58	5	10	**74**
RSL (Registered Social Landlord)	0	201	11	28	**240**
Total	**1**	**259**	**16**	**38**	**314**

Floor level of homes let

Basement	Ground	1st	2nd to 4th	5th to 10th	11+	Total
1	89	75	132	12	5	314

Applicants Currently Waiting (years)

The table below shows the length of time applicants are currently waiting on the Housing list. However, it is NOT an indicator of how long applicants can wait for rehousing.

Bedroom(s) required	1 bed	2 bed	3 bed	4 bed	5 bed+	Total
Up to 1 Year	1,506	796	531	76	11	**2,920**
2 Years	1,168	711	512	108	12	**2,511**
3 Years	1,228	758	671	113	19	**2,789**
4 Years	996	404	578	137	18	**2,133**
5 Years	809	347	498	152	17	**1,823**
6 Years	680	269	430	154	18	**1,551**
7 Years	561	194	397	104	15	**1,271**
8 Years	372	169	326	111	17	**995**
9 Years	336	139	253	129	13	**870**
10 Years	263	88	201	100	15	**667**
11 Years	204	88	144	76	10	**522**
12 Years +	531	353	445	248	21	**1,598**
Total	**8,654**	**4,316**	**4,986**	**1,508**	**186**	**19,650**

TOWER HAMLETS HOUSING LIST

INFORMATION ON HOUSING DEMAND AND LETS

The way we decide housing priority changed on the 20th April 2013.

Please see the Allocations Scheme document for details.

www.thhs.org.uk

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

SHELTERED
Accessible Category E
EDITH RAMSAY HOUSE, DUCKETT STREET, E1
Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted

Eligibility : Min Client Age 60

£149.47, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 32488

SHELTERED
Accessible Category F
MANCHESTER ROAD, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Over 60's flat or Over 55's if there is a significant illness and/or disability • 1 week's advance rent required at sign up of tenancy

Eligibility : Min Client Age 60

£120.82, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 32500

SHELTERED
Accessible Category E
VIC JOHNSON HOUSE, ARMAGH ROAD, E3
Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • Shared garden • Permit parking • Pets not permitted

Eligibility : Min Client Age 60

£170.98, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 32501

OVER 50's
Accessible Category D
BENTWORTH COURT, GRANBY STREET, E2
Flat • 1 Bed 2 Person • 5th floor • Separate kitchen • Two lifts • Entryphone • Wet room (walk in shower) • GCH • No garden • Permit parking • Pets permitted • Heating and hot water included in charges

Eligibility : Min Client Age 50

£126.03, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32509

OVER 50's
Accessible Category F
ALLISTON HOUSE, GIBRALTAR WALK, E2
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Heating and hot water included in charges
PREFERENCE WILL BE GIVEN TO HOUSING MOVES APPLICANTS

Eligibility : Min Client Age 50

£123.91, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32503

OVER 50's
Accessible Category F
GROVE HALL COURT, JEBB STREET, E3
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years • 13 stairs up to flat inside front door

Eligibility : Min Client Age 50

£110.45, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 32498

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
ALPHA GROVE, E14

Flat • 0 Bed 1 Person • 1st floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

£105.66, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 32517

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
BRIMSDOWN HOUSE, DEVAS STREET, E3
Flat • 0 Bed 1 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • 1 week's advance rent at sign up of tenancy

Eligibility : Band 3

£103.15, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 32514

1 BEDROOM
Accessible Category F
BASIL HOUSE, HENRIQUES STREET, E1
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years • 15 steps to front door • 1 week's advance rent at sign up of tenancy

£123.52, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 32490

1 BEDROOM
Accessible Category F
GRANTLEY STREET, E1

Flat • 1 Bed 2 Person • Basement • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years •10 steps to front door • 1 week's advance rent at sign up of tenancy

£113.43, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 32491

1 BEDROOM
Accessible Category F
GALES GARDENS, E2

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted • Heating and hot water included in charges

£127.80, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32496

1 BEDROOM
Accessible Category F
DOURO STREET, E3

Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Permit parking • Pets not permitted

£121.54, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 32502

1 BEDROOM
Accessible Category F
DORRINGTON POINT, BROMLEY HIGH STREET, E3
Flat • 1 Bed 2 Person • 10th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • 1 week's advance rent at sign up of tenancy

Eligibility : Band 3

£135.31, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 32508

1 BEDROOM
Accessible Category F
BOW COMMON LANE, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission • 1 week's advance rent at sign up of tenancy

£127.64, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 32494

1 BEDROOM
Accessible Category E
BRODICK HOUSE, SAXON ROAD, E3

Flat • 1 Bed 2 Person • 19th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Permit parking • Pets permitted • Heating and hot water included in charges • Concierge/CCTV

Eligibility : Band 3

£133.55, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32504

2 BEDROOMS
Accessible Category F
ANNE GOODMAN HOUSE, JUBILEE STREET, E1
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted • Heating and hot water included in charges

£148.20, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32497

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category F
DONGOLA ROAD, E1

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted

£132.49, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 32507

2 BEDROOMS
Accessible Category F
COLLINGWOOD STREET, E1

Flat • 2 Bed 4 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£161.10, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 32506

2 BEDROOMS
Accessible Category E
BREWSTER HOUSE, THREE COLT STREET, E14
Flat • 2 Bed 4 Person • 8th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Check heating on viewing • No garden • Permit parking • Pets permitted

£132.54, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32512

2 BEDROOMS
Accessible Category F
PHOENIX HEIGHTS WEST, BYNG STREET, E14
Flat • 2 Bed 4 Person • 13th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • Shared garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years.

£183.97, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 32511

2 BEDROOMS
Accessible Category F
SHERWOOD GARDENS, E14

Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years • 1 week's advance rent at sign up of tenancy

£166.68, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 32489

2 BEDROOMS
Accessible Category E
MODLING HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 9th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted

£128.75, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32516

2 BEDROOMS
Accessible Category F
O'BRIEN HOUSE, ROMAN ROAD, E2

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£134.77, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32492

2 BEDROOMS
Accessible Category F
HENLEY HOUSE, SWANFIELD STREET, E2
Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£129.00, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32505

3 BEDROOMS
Accessible Category F
CEPHAS STREET, E1

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted • House on 3 levels

£134.96, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 32499

3 BEDROOMS
Accessible Category F
SEYSSEL STREET, E14

Maisonette • 3 Bed 5 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets with landlords permission

Eligibility : Homeless Permanent

£147.51, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 32515

3 BEDROOMS
Accessible Category D
GREENAN COURT, MEATH CRESCENT, E2
Flat • 3 Bed 4 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted

£164.48, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 32518

3 BEDROOMS
Accessible Category F
PATRICK CONNOLLY GARDENS, TALWIN STREET, E3
Flat • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Shared garden • Permit parking • Pets with landlords permission • 1 week's advance rent at sign up of tenancy

£155.40, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 32493

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

AFFORDABLE RENT
Accessible Category G
FORUM CLOSE, E3

House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Wet room (walk in shower) • GCH • Private garden • Permit parking • Pets not permitted • Stairlift • Fixed Term. This is a fixed term tenancy of 5 years.

£229.85, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 32510

AFFORDABLE RENT
Accessible Category F
ELTON HOUSE, CANDY STREET, E3

Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • Concierge

£193.24, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 32495

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

Skillsmatch

INNOVATION IN JOB BROKERAGE

INTRODUCTION TO SUPPORT WORK IN SCHOOLS

Are you interested in training to support children's learning in the classroom?

Tower Hamlets Support for Learning Service in partnership with LBTH Skillsmatch offers a 16-week part-time Teaching Assistant course with work placements in schools.

To find out more, come along to one of the information sessions to be held on:

Wednesday 24th June 2015 at 2:00pm or
Thursday 25th June 2015 at 10:00am
At Skillsmatch,
55 Upper Bank Street (Aspen Way end)
Canary Wharf, London E14 5GJ

Ensure you arrive on time, as there will be no late admittance. The information sessions last for up to 2 hours. At the session you will have the opportunity to complete an application form. Applications cannot be sent out by post.

To qualify to attend a session you must:

- be a resident of Tower Hamlets
- over 18 years of age
- have recourse to public funds
- be available for the full 16-week course
- Must have minimum A – C GCSE English and Mathematics or level 2 equivalent, applicants with degrees are encouraged to apply

You do not have to be unemployed but preference is given to those who are. Please bring your CV and education certificates with you as this will help in completing the application form.

We are committed to safeguarding and promoting the welfare of children and young people and expect all learners to share this commitment.

Successful applicants will need to undertake an enhanced disclosure (DBS) criminal record check.

020 7364 0626 **skillsmatch.training@towerhamlets.gov.uk**

TOWER HAMLETS

EQUALITY FRAMEWORK FOR LOCAL GOVERNMENT EXCELLENT

POSITIVE ABOUT DISABLED PEOPLE

INVESTORS IN PEOPLE | Silver

St Paul with St Luke C of E Primary School
Leopold Street, Bow E3 4LA

Finance Officer

Dates:	Apply by 18/06/2015 12:00 noon, Job start September 2015
Salary:	£25,770 – £27,279 pa
Location:	Tower Hamlets
Contract type:	Term Time only plus 2 weeks
Contract term:	Permanent
Job Category:	School Support Staff

St Paul with St Luke Church of England Primary School is an exciting, forward looking and strongly improving school. Our school is close to Mile End Tube and Mile End Park.

We are looking for an enthusiastic and dynamic School Finance Officer who:

- Has excellent interpersonal and communication skills
- Is well organised, motivated and efficient
- Is able to prioritise work and meet deadlines
- Is proficient with Microsoft Office, Excel and Financial Management Systems
- Has previous financial experience (preferably in a school setting)
- Has excellent verbal, written and IT skills

We can offer you:

- A positive, supportive and friendly team of staff and governors
- A happy working environment with a supportive and hardworking team of staff
- A supportive induction programme
- A commitment to your professional development
- The opportunity to work term time only (plus 2 weeks)

Visits to the school are warmly welcome. For an application pack or to book a visit please contact Emily Mangiza or Khalidah Khanom (school office) on **020 7987 4624** or email **admin@spsl.towerhamlets.sch.uk**

Completed application forms to be returned to the school by post or via email: admin@spsl.towerhamlets.sch.uk

Closing date: noon Thursday 18th June 2015

The successful applicant will have to meet the requirements of the person specification in order to be offered the post and will be subject to an enhanced DBS check. The school is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.

Harry Gosling Primary School
Fairclough Street, London E1 1NT • Tel: 020 7481 1650

SCHOOL BUSINESS MANAGER

PO4 (£38,611 - £41,320 pro rata)
Monday to Friday - 8am to 4pm (term time only + 4 weeks)

We are seeking to appoint a dynamic and ambitious School Business Manager to join our forward-thinking team.
The successful candidate will have the skills and energy to lead on finance, administration, premises (inc. project management) and HR in the school.

The successful candidate will need to:

- put the needs of pupils first and be committed to contributing towards school improvement
- have excellent communication, IT and interpersonal skills
- have plenty of initiative, drive and the desire to make a difference
- be highly organised and capable of handling varied workloads, sometimes under stressful situations

For an application pack or any further information, including arranging visiting times, please contact Jennie Bird by email at head@harrygosling.towerhamlets.sch.uk or on 0207 481 1650.

CLOSING DATE: Wednesday 17 June 2015 (midday)
Interviews: Wednesday 24 June 2015

Harry Gosling School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Appointments are subject to an enhanced DBS check, satisfactory references and medical clearance.

To place your advert here, call...

Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LONDON LEGACY DEVELOPMENT CORPORATION

Notice Of Application For Planning Permission

Notice Of Application For Planning Permission Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2010 The Town And Country Planning Act 1990 (As Amended)

Date of notice: 08-Jun-2015

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 – 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website http://planningregister.londonlegacy.co.uk. **Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number:** Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfitchet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk Comments should be submitted within 21 days of the date of this notice and should be received by 29-Jun-2015 **Application Reference No:** 15/00213/FUL **Application Site:** ArcelorMittal Orbit PDZ 2, Queen Elizabeth Olympic Park, London **Description of Proposal:** The enhancement of the ArcelorMittal Orbit, to incorporate an enclosed slide to the existing sculpture, with a drop of 76 metres from the lower observation deck to the ground floor hard landscaping; the slide ranges from 800mm in diameter at the top, to 2200mm at the bottom and will match the existing material finish of the sculpture. **Applicant's name:** London Legacy Development Corporation **Dated:** 08-Jun-2015; **Authorised by:** Anthony Hollingsworth **On Behalf of:** London Legacy Development Corporation, Planning Policy and Decisions Team.

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Ground floor North, Exchange Building, 132 Commercial Street, London, E1 — **PA/15/1382/KHA**
Installation of projecting sign at fascia level.

O/S Bethnal Green Tube Station, Cambridge Heath Road, London, E2 0ET — **PA/15/1296/EBW**
Replacement of an existing telephone kiosk with a new combined telephone kiosk and ATM machine.

7A Artillery Passage, London, E1 7LJ — **PA/15/1344 & 1239/AHU**
Change of use from A1 to A3 (Restaurant) with extraction flue to the rear (Re-Submission)

25B Vyner Street, London, E2 9DG — **PA/15/1300/PLA**
Upgrade of the existing facade including cleaning, replacement windows and partial re cladding. Relocation of entrance doors at ground floor. Extension of the existing terrace usage on 2nd floor level. Construction of a new balcony at first floor level overhanging refuse storage area. Construction of new plant enclosure on part of 1st floor roof.

Gouldy House, 82A Whitechapel High Street And 83 Whitechapel High Street, London, E1 — **PA/15/1332/DHA**
Installation of awning over shop front and Gouldy House entrance

45 Bromley Street, London, E1 0NB — **PA/15/765/LAB**
Proposed single storey rear extension

31-39 Redchurch Street, London, E2 7DJ — **PA/15/1272/LYM**
Proposal for new glass shopfront with entrance door to existing shopfront opening (retail unit).

29 Vyner Street, London, E2 9QD — **PA/15/1273/LAB**
Installation of projecting sign adjacent to main entry displaying company logo

Footway opposite 119 to 133 New Road, London, E1 — **PA/15/1295/GGW**
Minor relocation of an existing Transport For London Cycle Hire docking station (on the footway on the east side of New Road and opposite 119 to 133 New Road) to contain a maximum 36 docking points (same number of docking points as existing) plus one payment terminal as part of the of the Cycle Superhighway 2 project upgrade works

Engineering Building, Queen Mary University Of London, 327 Mile End Road, London, E1 — **PA/15/1249/LAB**
Replacement of existing roof structure, installation of new and replacement mechanical plant and flues at roof level, and replacement of existing fire escape door at ground floor level.

Bow Business Centre, 153-159 Bow Road, London, E3 2SE — **PA/15/1258 & 1325/IOL**
Upgrade of the existing installation comprising of 1 no. pole mounted antenna fixed to the existing steel work 1no wall mounted antenna and 1no antenna on freestanding support frames and 3no. rrus mounted on existing steelwork and ancillary development thereto.

129-131 Cannon Street Road, London, E1 2LX — **PA/15/932/KHA**
Replacement of all existing windows and rear doors to residential flats.

111-113 Cannon Street Road, London, E1 2LX — **PA/15/928/KHA**
Replacement of all existing timber windows and rear doors to residential flats with new timber framed windows and rear doors.

Bethnal Green Gardens, Cambridge Heath Road, London, E2 0HN — **PA/15/1146/PLA**
Refurbishment of existing Bethnal Green Gardens Community/Rangers building to create a new nursery. Exterior alterations including: New entrance canopy with integrated buggy store, widening of existing structural openings to create larger windows and doors, new perforated mesh screens in front of nursery windows and doors, painting of brickwork.

112-114 Cannon Street Road, London, E1 2LH — **PA/15/931/KHA**
Replacement of all existing windows and rear doors to residential flats.

22B Alloway Road, London, E3 5AS — **PA/15/1196/HDH**
Replacement doors and windows.

New Loom House, 101 Back Church Lane, London — **PA/15/1246/KHA**
External alterations to ground floor elevations to provide new entrance and servicing arrangements, internal alterations to allow some alteration of existing floorspace, reconfiguration of roof-top plant and change of use of part of ground and basement floors from office (Class B1) to cafe/restaurant (Class A3) use.

Application for variation of condition no. 2 of planning permission dated 08/08/2014, ref: PA/14/01644. This is to vary the approved plans to allow for a wall to be removed at basement and ground floor level.

Mathematical Sciences Building, 1 Godward Square, LONDON, E1 4FZ — **PA/15/1333/LAB**
Refurbishment and reconfiguration of existing building with extension to rear to accommodate new lecture theatre, teaching and academic spaces and associated landscaping / public realm works.

Informatics Teaching Laboratory, Queen Mary And Westfield College, 327 Mile End Road, London — **PA/15/1334/LAB**
Extension to existing Informatics Teaching Laboratory building to provide additional teaching spaces and associated circulation and facilities.

Flat 4B, St Johns Wharf, 104-106 Wapping High Street, London, E1W 2PR — **PA/15/1310/SHA**
2 new windows to the east elevation at 4th and 5th floor levels; matching the existing in type, colour, sizing, coursing, bonding, treatment of corners, method of pointing and mix and colour of mortar. With recessed painted timber window frame and leaves inset to match the existing.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

3 Lyal Road, London, E3 5QG — **PA/15/1350/HDH**
Erection of a single storey rear extension

34 Arbery Road, London, E3 5DD — **PA/15/1304/EBW**
Partial excavation of new basement area, reduce level of existing basement. Create roof light in the back yard as shown on drawings, option A excavate front and install lightwell with french windows, Option B install roof light to front of house

4 Grand Walk, London, E1 4PJ — **PA/15/1253/EBW**
First floor rear extension. Rooflight in the sloped roof above the porch to the front. Internal amendments to the existing layout.

45 Bromley Street, London, E1 0NB — **PA/15/762/LAB**
Single storey rear extension and internal alterations

37 Chapel House Street, London, E14 3AS — **PA/15/1265/CSK**
Demolition of existing wooden side extension and erection of new single storey side extension, along with the installation of bi-fold doors to the rear elevation.

106 Old Ford Road, London, E2 9PW — **PA/15/01331/EBW**
Replacement roof covering and creation of an arched internal opening dining room and kitchen.

106 Old Ford Road, London, E2 9PW — **PA/15/01386/EBW**
Replacement roof covering and creation of an arched internal opening dining room and kitchen.

24 Princelet Street, London, E1 6QH — **PA/15/01087/SHA**
Erection of a glazed rear extension over basement and ground floor level.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 8th June 2015

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public&Legal Notices

ALONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

120 Vallance Road & 2-4 Hemming Street, London, E1 **PA/15/1231/JTH**

Demolition of existing buildings at 120 Vallance Road and 2-3 Hemming Street and erection of four buildings to provide 1,311 sqm (GEA) of commercial space, 152 residential units and new public realm, landscaped amenity space, cycle parking and all associated works.

Land At 160 To 166, Chrisp Street, London **PA/15/39/SB**

Demolition of existing buildings on the site and redevelopment to provide new buildings ranging from three to thirteen storeys comprising 272 residential units, including affordable housing, together with associated car parking, landscaping and infrastructure works. (Revisions received)

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 8th June 2015

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

LONDON BOROUGH OF TOWER HAMLETS

The Tower Hamlets (A1 Parking Places) (No.1) Order 2015
The Tower Hamlets (A2 Parking Places) (No.1) Order 2015
The Tower Hamlets (A3 Parking Places) (No.1) Order 2015
The Tower Hamlets (A4 Parking Places) (No.1) Order 2015
The Tower Hamlets (A5 Parking Places) (No.1) Order 2015
The Tower Hamlets (A6 Parking Places) (No.1) Order 2015
The Tower Hamlets (B1 Parking Places) (No.1) Order 2015
The Tower Hamlets (B2 Parking Places) (No.1) Order 2015
The Tower Hamlets (B3 Parking Places) (No.1) Order 2015
The Tower Hamlets (C1 Parking Places) (No.1) Order 2015
The Tower Hamlets (C2 Parking Places) (No.1) Order 2015
The Tower Hamlets (C3 Parking Places) (No.1) Order 2015
The Tower Hamlets (C4 Parking Places) (No.1) Order 2015
The Tower Hamlets (D1 Parking Places) (No.1) Order 2015
The Tower Hamlets (D2 Parking Places) (No.1) Order 2015
The Tower Hamlets (Loading Bays) (No.1) Order 2015
The Tower Hamlets (Waiting & Loading Restrictions) (No.1) Order 2015
The Tower Hamlets (Prohibition of Stopping on Taxi Ranks) (No.1) Order 2015
The Tower Hamlets (Prohibition of Stopping outside Schools) (No.1) Order 2015
The Tower Hamlets (Car Club Parking Places) (No.1) Order 2015
The Tower Hamlets (Free Parking Places) (Disabled Persons) (No.1) Order 2015
The Tower Hamlets (Doctors' Parking Places) (No.1) Order 2015

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 8 June 2015 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

   The general effect of the Orders will be to consolidate and reproduce without any change in substance, the provisions of [1] The Tower Hamlets (A1 Parking Places) (No.1) Order 2011 [2] The Tower Hamlets (A2 Parking Places) (No.1) Order 2011 [3] The Tower Hamlets (A3 Parking Places) (No.1) Order 2011 [4] The Tower Hamlets (A4 Parking Places) (No.1) Order 2011 [5] The Tower Hamlets (A5 Parking Places) (No.1) Order 2011 [6] The Tower Hamlets (A6 Parking Places) (No.1) Order 2011 [7] The Tower Hamlets (B1 Parking Places) (No.1) Order 2011 [8] The Tower Hamlets (B2 Parking Places) (No.1) Order 2011 [9] The Tower Hamlets (B3 Parking Places) (No.1) Order 2011 [10] The Tower Hamlets (C1 Parking Places) (No.1) Order 2011 [11] The Tower Hamlets (C2 Parking Places (No.1) Order 2011 [12] The Tower Hamlets (C3 Parking Places) (No.1) Order 2011 [13] The Tower Hamlets (C4 Parking Places) (No.1) Order 2011 [14] The Tower Hamlets (D1 parking Places) (No.1) Order 2011[15] The Tower Hamlets (D2 Parking Places) (No.1) Order 2011 [16] The Tower Hamlets (Goods Vehicles Loading Bays) (No.1) Order 2011 [17] The Tower Hamlets (Loading Bays) (No.1) Order 2011, [18] The Tower Hamlets (Car Club Parking Places) (No.1) Order 2009 [19] The Tower Hamlets (Personalised Disabled Parking Places) (No.1) Order 2010 [20] The Tower Hamlets (Free Parking Places) (General Use – Disabled Persons) (No.1) Order 2010 [21] The Tower Hamlets (Doctors' Parking Places) (No.1) Order 2000 [22] The Tower Hamlets (Prohibition of Stopping on Taxi Ranks) (No.1) Order 2005 [23] The Tower Hamlets (Prohibition of Stopping outside Schools) (No.1) Order 2010 [24] The Tower Hamlets (Commercial Vehicles Overnight Waiting & Loading) (No.1) Order 1992 and [25] The Tower Hamlets (Waiting & Loading Restrictions) (No.1) Order 2012 as amended and applied.
2. Copies of the Orders, which will come into operation on 16 June 2015 and all relevant documents can be inspected at the Parking Services Offices, 585-593 Commercial Road, London E1 0HJ, by prior appointment during normal office hours on Monday to Friday inclusive until the expiration of a period of six weeks from the date on which the Orders were made.
3. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any relevant requirements thereof or any regulations made thereunder has not been complied with in relation to the Order may, within 21 days of the date on which the Order was made make application for the purpose to the High Court.

Dated: 8 June 2015

SIMON BAXTER
SERVICE HEAD, PUBLIC REALM

TOWER HAMLETS

Public notices

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CORBET PLACE E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the following prohibition:

- **Location:**

a) Corbet Place, for a distance of approximately 30 metres, west, from its junction with Grey Eagle Street;

b) Corbet Place, between its junction with Grey Eagle Street and Hanbury Street;

- **Reason:** To allow essential works to be carried out on the public highway by JSM Construction Limited. The essential works will progress in stages. More than one of the above restrictions may be in force at the same time but with due regard, for alternative routes and access to properties;
- **Alternative routes:** For vehicular traffic will be via Jerome Street, Commercial Street and Hanbury Street or Grey Eagle Street, Calvin Street, Commercial Street and Hanbury Street;
- **Period:** From Monday 8th June 2015 to Sunday 28th June 2015.

Please refer any queries regarding traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 8th June 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – PRIVATE SLIP ROAD OFF CAMPBELL ROAD E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following prohibition:

- **Location**: Private slip road outside No.94 Campbell Road to the westernmost end from its junction with Campbell Road;
- **Reason:** To allow the essential construction of a speed table to be carried out on the private slip road by LBTH;
- **Alternative Route:** There is no alternative route for vehicular traffic as it is a cul-de-sac or dead end road;
- **Period:** From operate from Monday 22nd June 2015 to Sunday 28th June 2015.

Please refer any queries regarding the above traffic restriction to Howard Mackenzie, Road Safety Engineer, Engineering Group, Design on 020 7364 2220 or email, howard.mackenzie@towerhamlets.gov.uk

Dated: 8th June 2015

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION TO VARY A PREMISES LICENCE.

NOTICE IS GIVEN THAT Mr A Miah has applied to the London Borough of Tower Hamlets Licensing Authority to vary a Premises Licence under the licensing act 2003.

Premises: Sheba Restaurant, 136 Brick Lane, London E1 6RU.

The proposed variation is:

Monday - Thursday opening time extended from 23.30 to 24.30pm.

Licenced time extended from 23.00 to 24.00

Friday, Saturday and Sunday opening time extended from 23.30 to 01.30

Licenced time extended from 23.00 to 01.00

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licencing Section, London borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG.
Website www.towerhamlets.gov.uk
Tel: 020 7364 5008

Representations must be received no later than 30/06/2015.

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the licensing act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

Public notices

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Peloton And co ltd has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: 4 Market Street, Spitalfields London E1 6DT

The licensable activities and timings are: The sale of alcohol at the above premises and on the hours marked below.
Monday to Saturday 10.00-23.00
Sunday 10.00-22.00

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG.
Website:
www.towerhamlets.gov.uk
Tel: 020 7364 5008

Representations must be received no later than 29/6/2015

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GROVE ROAD E3

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering or proceeding the following temporary prohibition:

- **Location:**

a) Antill Road, to a point approximately 30 metres, north-east, from its junction with Grove Road;

b) Arbery Road, to a point approximately 30 metres, north-east, from its junction with Grove Road;

- **Reason:** To allow essential resurfacing works to be carried out on the public highway by LBTH;
- **Alternative route:** For vehicular traffic will be via Mile End Road (eastbound), Coborn Road, Tredegar Road, St. Stephens Road, Roman Road and Grove Road or Antill Road, Strahan Road, Medway Road, Roman Road and Grove Road or Arbery Road, Medway Road and Roman Road;
- **Period:** From Monday 29th June 2015 to Friday 10th July 2015.

Throughout the duration of works, the one way working in Antill Road between its junction with Strahan Road and its junction with Grove Road will be temporarily suspended.

Please refer any queries regarding the above traffic restriction to Mike Arnold, Street Scene Engineer, Engineering, on 020 7364 6868 or email, mike.arnold@towerhamlets.gov.uk

Dated: 8th June 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – HUDDART STREET E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following prohibition:

- **Location:** Huddart Street for a distance of approximately 50 metres to the north-western end from its junction with Ackroyd Drive;
- **Reason:** To allow the essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management;
- **Alternative route:** For vehicular traffic there are no alternative routes as it is a cul-de-sac or dead end street;
- **Period:** On Wednesday 1st July 2015 from 10:00 hours until 15:30 hours.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 8th June 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CANTRELL ROAD E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

- **Location:** Cantrell Road for a distance of approximately 50 metres under the railway bridge between its junction with Spanby Road and its junction with westernmost-end of Cantrell Road;
- **Reason:** To allow the essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management.
- **Alternative Route:** For vehicular traffic there are no alternative routes as it is a cul-de-sac or dead end street;
- **Period:** On Thursday 2nd July 2015 from 10:00 hours until 15:30 hours.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 8th June 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 16A

TEMPORARY PROHIBITION OF TRAFFIC – NORTHEY STREET "ELECTIONS" EVENT

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made the above-mentioned Order under Section 16A of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Northey Street for a distance of approximately 50 metres between its junction with Narrow Street and its junction with Shoulder of Mutton Alley.

The restriction on vehicular traffic will enable elections to be held on the public highway by LBTH.

The alternative routes for vehicular traffic will be via Northey Street, Narrow Street and Shoulder of Mutton Alley and vice versa or Northey Street, Brightlingsea Place and Narrow Street and vice versa.

Access will be provided for Police, Fire and Ambulance in an emergency or access may also be provided with the permission of a police officer in uniform or for the purposes of the event.

The Order will operate from Wednesday 10th June 2015 from 12:00 hours until Friday 12th June 2015 at 12:00 hours when temporary traffic signs and traffic cones are placed on the public highway.

Please refer any queries regarding the above traffic restriction in the affected area in Northey Street to Louise Stamp, Electoral Services Manager, Elections on 020 7364 3139 or email louise.stamp@towerhamlets.gov.uk

Date: 8th June 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (PRESCRIBED ROUTE) (NO.5) TRAFFIC ORDER 2015

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Tower Hamlets proposes to make the above mentioned Order under section 6 of the Road Traffic Regulation Act 1984, as amended by the Local Government Act 1985 and the Road Traffic Act 1991.
2. The general effect of The Tower Hamlets (Prescribed Route) (No.5) Order 2015 will be to prohibit vehicular traffic from turning right from Flamborough Street into Salmon Lane.
3. A copy of the proposed Order can be inspected by appointment at the offices of Communities, Localities and Culture, Engineering Group, Mulberry Place, PO Box 55739, London E14 2BG, during normal office hours on Monday to Fridays inclusive until the expiration of a period of 21 days from the date on which this notice is published.
4. Any person desiring to make representations, objections or comment on the proposed Order, should send a statement in writing of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 8th June 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – OLGA STREET E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

- **Location:** Olga Street, to the north-easternmost end from its junction with Conyer Street;
- **Reason:** To allow essential works to be carried out on the public highway by Higgins Construction Limited;
- **Alternative Route:** There is no alternative route for vehicular traffic as it is a cul-de-sac or dead end road;
- **Period:** From Monday 29th June 2015 to Saturday 29th August 2015.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Clean, Green and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 8th June 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – WARNER PLACE E2

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the following temporary prohibition:

- **Location:** Warner Place junction with St. Peters Close;
- **Reason:** To allow essential construction of a raised zebra crossing to be carried out on the public highway by LBTH;
- **Alternative Route:** For vehicular traffic will be via Warner Place (northbound), Hackney Road (eastbound), Mansford Street (southbound) and Old Bethnal Green Road and vice versa;
- **Period:** From Wednesday 1st July 2015 to Sunday 5th July 2015.

Please refer any queries regarding the traffic restriction to Gary Marshall, Street Scene Engineer, Engineering Group, Design, on 020 7364 6669 or email gary.marshall@towerhamlets.gov.uk

Dated: 8th June 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS
AUDIT OF ACCOUNTS YEAR ENDED 31st MARCH 2015

**Audit Commission Act 1998, sections 15 - 16
Accounts and Audit Regulations 2011 (England)
Regulations 9, 10, 21, 22 & 24**

The Council's accounts, and the accounts of the Pension Fund administered by the Council, are subject to external audit by Andrew Sayers, Audit Partner, KPMG LLP, 15 Canada Square, Canary Wharf, London, E14 5GL. Members of the public and local government electors have certain rights in the audit process:

1. From Wednesday 1st July to Tuesday 28th July between 9am and 5pm any person may inspect the accounts of the Council for the year ended 31st March 2015 and certain related documents (comprising books, deeds, contracts, bills, vouchers and receipts) at the address given below. They may also make copies of the accounts and documents.
2. From 10am on Wednesday 29th July until the conclusion of the audit process, a local government elector for the area of the Council, or his/her representative, may ask the auditor questions about the accounts. Please contact the auditor at the address given above to make arrangements to ask any questions.
3. From 10am on Wednesday 29th July until the conclusion of the audit process, a local government elector for the area of the Council, or his/her representative, may object to the Council's accounts asking that the auditor issue a report in the public interest (under section 8 of the Audit Commission Act 1998) and/or apply to the court for a declaration that an item in the accounts is contrary to law (under section 17 of the Audit Commission Act 1998). Written notice of a proposed objection and the grounds on which it is made must be sent to the auditor at the address given above and copied to me at the address given below.

Dated 8th June 2015

**KEVIN MILES
Chief Accountant
London Borough of Tower Hamlets**
Town Hall, Mulberry Place,
5 Clove Crescent,
London E14 2BG
020 7364 6791

TOWER HAMLETS

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Chance to meet a Gunners legend

"Of course it was nice to win, but it was just great for everyone to have the chance to take part – and great for the team to meet Robert Pires (pictured). The games were played in a great spirit."

IQBAL HUSSAIN, VALLANCE FC, BELOW

Sport

VALLANCE Community Sports Association matched the FA Cup exploits of Arsenal by winning a trophy themselves at the Emirates Stadium.
The Bethnal Green side, representing London Youth, won the London Vitality Cup at the north London ground.
The world-famous pitch was divided into four.
Matches then took place between London Youth, Football beyond Borders, Greenhouse Sports, Guy Mascalo, Ambassadors and London Tigers, as well as two Arsenal community teams.
And London Youth put in a series of stellar performances before clinching a 1-0 victory in the final against Arsenal Kicks.
The trophy was presented to them by former French World Cup winner and Arsenal star Robert Pires.
Iqbal Hussain, head of academy football at Vallance FC, said: "Some of the boys have been coming to the club for many years, and this was a real highlight.
"Of course it was nice to win, but it was just great for everyone to have the chance to take part – and great for the team to get to meet Robert Pires.
"The games were played in a great spirit, and I am very pleased for the way the team conducted themselves."

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Leisure Centre
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street, Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

Sport & leisure

Back to netball
Weekly sessions. £1.10.
Tues, 6pm.
John Orwell Sports Centre, Tench Street, E1W.
07914 685261

Body conditioning
Thurs, 6.15pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Cricket coaching
Under-11s and under-13s – Weds, 4-5.30pm; under-16s – Tues, 4.30-6pm; ages 16+ – Thurs 5-8pm.
Dockland Settlement, 197 East Ferry Road, E14.

Docklands women's running group
All abilities welcome
Mon, 6.30pm. Mile End Stadium, Rhodeswell Road, E14.
07958 368070

Football training
Every Sat, 9-11am for boys and girls aged 5-11,Mulberry School for Girls, Richard Street, E1; 12-1pm for boys and girls aged 3-5. St Patrick's School, Dundee Street, E1W.
07956 095218

Kibondo
Martial art for ages 6 & over. Mon, 6.30-8pm, all ages; Fri, 7-8.30pm, seniors & adults. £4 adults, £3 children, first lesson free. Teviot Centre, Wyves Street, E14.
07956 428654

Kickboxing and self-defence
£5 per class. Suns, 1pm; Tues, 7pm (women only).
Whitechapel Sports Centre, Durward Street, E1.
07983 201987

Chi Kung
Ancient Chinese exercise practice with gentle, meditative exercises.
Mon, 6-7.15pm.
St Margarets' House Settlement, E2.
07905 098413

Kool Karate and Fitness Fun Class
Every Tues & Thurs, 5-6pm.
St James-the-Less Hall, St James's Avenue, E2.
07934 126510

Kung fu
Learn the Wong Shun Leung system of ving tsun.
Weds, 8-9pm. £7, adults only (kids classes coming soon).
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Kung fu fitness
Mons 7-9pm. Bryant Street Methodist Centre, Stratford, E15.
07950 637345

Muay Thai for women
KO London, 186 The Arches, Globe Road, E2. Sat 3-4.15 £7 concs, £9 waged.
7265 9693

Martial arts
Learn the Wong Shun Leung system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Netball
Arbour Netball Club train at the Parkside Leisure Centre at Mulberry School, Commercial Road, E1 every Monday night.
01277 811772

Rugby
Millwall Rugby Club. Men's, women's and youth teams. Suns, 10.30am-12pm (youth); Mons, 7.30-9pm (adults); Weds, 7.30-9pm (men); Thurs. 6.30-7.30pm (boys aged 7-17); Thurs, 7.30-9pm (women all ages).
www.millwallrugby.com

Rugby for children
Tag rugby (non contact) games for ages 2 - 7. Sats, 10am-12pm (term-time). Free trial.
Victoria Park, Grove Road, E9.
01252 794150
www.trytimekidsrugby.com

Self-defence and keep fit
Self-defence and keep fit with freestyle Tae Kwon do. Mixed classes of adults and children every Tues 6.30-8pm & Sun, 1-3pm.
Tiller Leisure Centre, Tiller Road, E14.
8310 1469 or 07950 896926

Seniors exercise
Mons, 1.30pm, line dancing; Tues, 10.45am, workout.
London Dockers Club, 6 Boulcott Street, E1.
7790 3785

Sun kune do
Mons, 7-8.15pm. Adults £4.50, ages 10-16, £3.50.
Lifra Hall, 7 Halley Street, E1.

Swimming
Learn to swim (5 years +), competitive swimming skills/fitness (9 years +), and masters swimming (18 years+).
Bethnal Green Sharks Swimming Club, York Hall, and Mile End Park and St George's leisure centres.
07931 782172
www.bgssc.co.uk

Taekwondo classes
Taster class £5 for adults, £3 for children aged five to 14.
Adults £50-£40 per month.
Easy Studio, 60-64 Kingsland Road, E2.
7033 4660

Table Tennis Club
Every Sat, 10am-12pm
For ages 11-19
George Green's School, 100 Manchester Road, E14.
7987 6032

Tiller Runners
Women's running group, suitable for all abilities. £1.10 per session. Mon, 6.30pm.
Meet at Tiller Leisure Centre, Tiller Road, E14.
7987 5211

Women's football
Train with KIKK Talang, KIKK United's development team, for ages 16+. Free. Mons, 8-9pm
Whitechapel Sports Centre, Durward Street, E1.
kikktalang@gmail.com
kikkunited.wordpress.com

Women's self-defence
Mons, 7-8.15pm, £5 adults/ £3.50 children. John Orwell Sports Centre, Tench Street, E1.
07949 597965

Angel yoga
Kundalini yoga for beginners every Tues, 7.30-8.45pm. £9.
St Hilda's Community Centre, 18 Club Row E2.
07890 909928
satkartarkaur@rocketmail.com

Lunchtime yoga
Love Grow Do yoga classes for all abilities. £3/class.
Mons 1-2pm.
Tarling East Community Centre, Martha Street, E1.
playgrowdo@gmail.com

Yoga & Relaxation
Helps to reduce stress and improve wellbeing. All abilities. Concs. Mons 6.30-8pm.
Glamis Residents' Hall, 414 Cable Street, E1.
07966 510290

Yoga class
Fri, 10.30-11.30am. Free.
Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Yoga Creation E14
Ashtanga, Vinyasa, Hatha yoga classes (£10-£14), courses & workshops. For beginners to advanced, 7 days a week.
Pregnancy yoga, £13.
7517 9183
www.yogacreation.co.uk

Women's Yoga
Free classes, donations welcome. Take your own mat.
Fri, 10.30-11.30am.
Alpha Grove Community Centre, Alpha Grove, E14.
7538 1714

Yoga, Pilates, tai chi & Zumba
Classes from £2-£5.
The Brownfield Community Cabin, 82 St. Leonards Road, Poplar, E14.
3069 7401

Dynamic flow yoga with gong meditation
Thurs 6.5-7.15pm.
Yoga Nest, 27 Old Ford Road, E2.
07780 861312
anna_o@hotmail.co.uk

If you have a date for our Out and About diary, send the details to eastendlife.news@towerhamlets.gov.uk

No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE PAGE 34

Rugby fun and games

Millwall Rugby Club are holding fun sessions throughout the summer. For details and contact information visit...

WWW.MILLWALLRUGBY.COM

Sport

Football

Tigers roar to the top of league

THE new Inner London Football League's Summer League has attracted teams from across London – including an Arsenal amateur squad.

The Premier Division is already looking like a close-run affair.

Robin Hood Tigers lead the way with a 100 per cent record after winning their third match 4-2 against St Katharine's.

Second-placed Lotus, from the Camden League, beat London Tigers to stay hot on Robin Hood's heels with a game in hand. Beaumont Youth recorded their first win after losing to SCTA on the opening day, beating Weavers 5-3.

In the First Division three teams – Aldgate Club East (ACE), Boundary and Redcoat – share top spot with six points.

ACE recorded a 4-0 victory over Riverside, Boundary suffered their first defeat with a 2-0 loss to Arsenal, Redcoat managed to beat Inter Asia and London Gaza drew 2-2 with Jack Berry.

■ WAPPING won the London County Saturday Youth Football League's under-21 KO Cup after they beat Warsa 4-2 on penalties.

FFK Athletic won the under-16 trophy with a 3-0 win over Westside, Palace Guard were the under-15 winners with a 2-1 win against Broomwood Colts, and Lambeth Tigers won 7-0 in the under-14 final.

Rugby

MILLWALL Rugby Club are planning a summer of fun and fitness to cater for new recruits and current players who want to develop their skills.

On Sundays from 1-3pm they will be holding pitch up and play sessions at Millwall Park.

On Monday evenings from 7pm till dark trainers will concentrate on improving skills and from 7pm on Thursday evenings will be fast and furious sessions designed to get everyone playing touch rugby.

Disability day

VALLANCE Community Sports Association held its seventh annual disability sports day festival at Mile End Stadium.

More than 100 competitors, aged from eight up to senior, took part.

Sports included a football and cricket tournament as well as taster sessions for soft golf, boccia, soft tennis, bike riding and electric fencing.

The participants received a medal and the group Create was presented with a cup for winning the tournament.

Boxing

TWO former Repton stars are back in the ring – one set to enjoy his first taste of professional boxing and the other trying to establish his championship career.

Welterweight **Sam McNess** makes his paid debut at Bethnal Green's York Hall this Friday, June 12.

And at Wembley on July 24, European light-middleweight champion **Frank Buglioni** has a return fight with Lee Markham of Essex.

Their first fight, at Wembley in May, finished in a draw.

444-mile canoe trip to help keep centre afloat

Couple will paddle small vessel down the Yukon River in Canada

BY PETER FAULKNER

ALMOST 120 years ago people flocked to the Yukon in search of gold and a new life in the great Klondike gold rush.

On June 24 Dan Abel and Sarah Willis will be paddling in the great river and, although it's not gold they're after, they are seeking riches for Shadwell Basin Outdoor Activity Centre.

Dan, a 42-year-old development coach, and his partner, Sarah, 39, a solicitor, will be spending four days and nights paddling their canoe for 444 miles as part of the Yukon River Quest team.

The couple, who are trustees at the centre, have been training on stretches of river all over the country – even breaking the ice in some areas.

While their programme is going according to plan, it hasn't been without problems.

Dan has suffered a shoulder injury which meant he had to take a few weeks off to recover.

And Dan admitted: "The Yukon River Quest is going to be the longest I've ever paddled. Our training paddles are to get us ready and to learn what we need to do.

"An injured arm from our biggest paddle told me that I'm not getting it right. I've been working on finding how to get better so I can complete the race.

"I've had a few weeks off paddling giving my arm time to recover.

"The physio did find several things that likely cause the pain and the arm injury, but I've got plenty of exercises to help me build my strength."

Sarah, 39, a solicitor, said they wanted to make sure the centre had sufficient funds to continue providing opportunities for local children.

"We are blogging about our adventures and our mission is set out on our web page.

"The centre celebrates its 40th birthday next year and we are trying to enable them to continue their great work."

Keep up to date at **http://paddlefaster.com/front** and the blog at **http://paddlefaster.com**

BETHNAL Green Sharks younger swimmers stormed to an impressive 23-point victory over closest gala rivals Luton when they competed against seven Junior League Clubs at Barnet Copthall Pool, Hendon.
The Sharks recorded eight first and 13 second places – all in personal best times.

First places: Girls 12-under 4x2 medley relay – Agni Hatzakis, Melissa Eloidin, Kitty Kelly, Kaia Cudmore; girls 9 years 4x1 freestyle relay – Stella Ozden, Marina Horiuchi, Mika Ogden, Harriet Brinsmead-Maclean; girls 10-under 4 x 1 medley relay – Amelie Noor, Shenea Mayers, Ronnie Phillimore, Fedra Androulidaki; girls 11-under 4x1 medley relay – Taylia Deaner, Ronnie Phillimore, Riva Lamb, Madison Taylor; girls 9 years 4x1 medley relay – Stella Ozden, Louisa Bennamane, Mika Ogden, Marina Horiuchi; girls 10 years 2-length butterfly – Ronnie Phillimore; girls 12-under 2-length breaststroke – Kaia Cudmore; girls 9 years 1-length butterfly – Mika Ogden.

Wapping's men lost heavily ©Iain McAuslan

Men slip up as ladies take top spot

Wapping men A 0
Waltham Forest A 4

WAPPING men's A team began their Summer Hockey League clash against Waltham Forest A in determined defensive mood.

But as the first half continued Waltham Forest scored two goals and they were able to double their lead in the second half for a convincing win.

Romford ladies B 0
Wapping ladies B 1

WAPPING ladies B team have taken over at the top of the table after deposing early front runners Romford at Redbridge Sports Centre. Romford made an aggressive start, but Wapping quickly found their feet and gained the upper hand.

Wapping's attack was strong and they had a couple of great shots on target, but were unable to convert these into goals in the first half. Romford managed to get into the Wapping half a few times, but the east Londoners solid defence line never gave them a sight of goal.

In the second half Georgi Stocks gave Wapping the lead with a cracking goal and it proved to be enough to seal victory for the visitors.

More inside

For a round-up of sporting stories and our leisure listings...

SEE PAGES 34 & 35

Coaches deserve credit

"I know Repton are used to being winners, but to set a national record like this two years in succession is a tribute to the men who have looked after them, week in, week out."

REPTON SPOKESMAN KELVIN WING

TOWER HAMLETS
eastendsport
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Repton hail the history boys

BY PETER FAULKNER

REPTON Boxing Club staged their own version of Britain's got talent by rewriting the record books for the second successive year.

At the English Institute of Sport in Sheffield they claimed ten English Schools titles – just a year after setting the record of eight winners.

The champions are Charlie Hickford, Barney Docherty, David Tierney, Vinnie Driscoll, George Ellis, Dennie McCann, George Mitchell, Adam Mohammed, Jack Oliphant and Levi Lee.

Repton's squad have been successful all season at local and London level and had a record 13 boxers in the semi-finals.

So to finish with nine champions is another amazing achievement.

Club official Kelvin Wing said: "They are an amazing bunch of kids and a lot of the credit must go to their trainers Bobby Beck, his son Bobby Beck junior and Lennie Fletcher, whose hard work and dedication has brought out the best in them.

"I know Repton are used to being winners, but to set a national record like this two years in succession is a tribute to the men who have looked after them, week in, week out."

Repton's squad back at their Bethnal Green headquarters. George Mitchell and Levi Lee are not pictured

Charlie Hickford's unanimous points win over Vaughan Gates (Salisbury) sparked Repton's record run.

Quickest winner of the day was Vinnie Driscoll who outclassed Jack Byrne (Birmingham City) forcing the referee to call a half in the third round.

The other eight all won on points while the three losers all put in fine performances.

Barney Docherty beat James Pullen (Heath), David Tierney defeated Ted Jackson (Stevie Smith's), George Ellis got the nod against Kallum Wood (Aston), Dennie McCann was a winner over Mason Pearson (Birkenhead), George Mitchell defeated Joshua Babb (Ward Degnans), Adam Mohammed beat John Lee (Kings Heath) and Jack Oliphant outscored Harry Kinsella (Kirkdale).

Easiest winner was Levi Lee whose opponent turned up on the day then withdrew, giving Lee a walkover.

The three losers were Freddie Moss, Caleb Eastwod and Nathan Harris.

Of these Moss seemed to be treated the harshest, dropping a majority decision to Javid Ali (Bury).

Eastwood was beaten by Kevin Connel (Sefton) in a real punch-for-punch affair and Harris was adjudged the loser at the hands of Billy Smith (East Shilton).

However, on a very special day for the Bethnal Green club, all of the young boxers could hold their heads up high, because every member of the squad achieved more than could have been hoped for.

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Clobber at the cutting edge

Head-turning outfits at Graduate Fashion Week

SEE PAGE 9

Photo shop of fantasies

Studio made dreams a reality for newlyweds

SEE HISTORY, PAGE 13

Singers for their suppers

Novel inspired by Second World War rag trade workers

SEE PAGES 18 & 19

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TOWER HAMLETS

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

celebrating

FOSTER CARE FORTNIGHT

1 to 14 June 2015

Join Tower Hamlets' Fostering Family

When you become a foster carer for Tower Hamlets, it's not just a loving and stable home you will be offering a child. There's also the opportunity to make great friends and be part of a supportive and friendly fostering community.

TOWER HAMLETS

Our foster carers come from all walks of life. Some work full time, some stay at home. Some are single, some are married. Some own their own home, some rent. Their ages all vary as do their ethnic background.

But what they all do have in common is a passion for children and to provide a loving family home to children who need one.

Read on to discover more about fostering in Tower Hamlets.

Anthony and Momotaj

"There is a real community spirit. There are lots of support groups and events you can go to. We really like helping people and making a difference to children's lives. We have made lots of friends from all different ethnic backgrounds who we meet up with and chat on the phone with. It's really interesting to hear about different traditions and cultures.

"We would encourage families to think about fostering and the Tower Hamlets fostering team can put you in touch with foster carers so you can have a chat with them about what it's really like to foster."

Lydia

"I have made some really great friends through fostering with Tower Hamlets. We regularly meet up for coffee mornings in each other's houses and arrange trips to the park with our foster children. We've even been on holiday together to holiday parks in the UK. This year we are planning a trip to France together.

"I really enjoy fostering and especially appreciate the support I get from my fostering friends."

Richard and Tony

"The training on offer is brilliant. We undertook Diploma 3 in childcare which was really worthwhile.

"We joined the Foster Carers' Association as we wanted to support other foster carers especially around the challenges that fostering can bring. We offer carers a confidential service that gives them independent support and advice. We run regular support groups and have a phone number which carers can use when they need us. We also organise exciting trips for carers and their foster kids such as trips to the theatre or the seaside."

Karen

"I have become very good friends with another foster carer as we have looked after a brother and sister who couldn't be placed together at the same time. We regularly met up a couple of times a week to ensure the siblings spent valuable time together.

"Through this, we have become solid friends and it has given me the chance to get to know someone from a very different background who I would not normally have met. It's been very surprising how much we've had in common. The children have now moved on and we are continuing this friendship."

Come and meet some of our foster carers

Fostering Evening Information Session
Thursday 18 June 2015, 6-8pm

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
An opportunity to speak with staff and carers to find out more.

Call us on 0800 279 9850

Afia

"The best thing about fostering is seeing the children grow in confidence. Some of my children have been so anxious and tearful when they first came to live with us, but with lots of patience, reassurance and kindness, you see them transform. It really makes me feel proud to know that I have made a difference.

"Tower Hamlets has a really great bunch of foster carers who support each other. During the challenges over the years, this support has been essential. I really recommend others to think about fostering, it has to be right for you. For me and my family, it's one of the best things we've ever done."

Veronica

"Looking after teenagers is challenging, but I get lots of support from my supervising social worker. We work well together. The training really helps your skills in dealing with behaviour and gives you practical advice. You also get two weeks paid holiday a year.

"You need to be able to support kids but you need support yourself. Having a good network around you is really important. I am part of a close family and my daughter, sister and niece all offer me valuable help.

"Fostering is hard work and challenging but the rewards are fantastic. It's really lovely when a grown up foster child comes back to visit you or buys you a gift."

Pauline

"My experience of being in a children's home was not positive and I felt that offering children a loving and stable family home would be better. At first I thought that coming from a broken family may count against me, that I'd come from a troubled life, and that they might think – how can I educate these children when I couldn't educate myself? But this wasn't the case.

"Our supervising social worker gives a lot of support, and if there are any concerns at all, we know we can just get on the phone and get advice. They also make sure you have all the equipment you need for the children – and an allowance."

Gertrude

"I look after children with disabilities. I really enjoy it, every child is different and it is interesting learning how best to help and care for them.

"I am not left on my own to cope, I also get lots of support from my supervising social worker and also get weekly respite which means my foster child is cared by someone else so I have time to myself.

"Caring for these children is definitely a challenge, especially when they are not well, but when you see the smiles and excitement on their face when they see you, it really makes it so worthwhile."

www.fosteringandadoption.co.uk

TOWER HAMLETS

Fostering

Become a Tower Hamlets Foster Carer

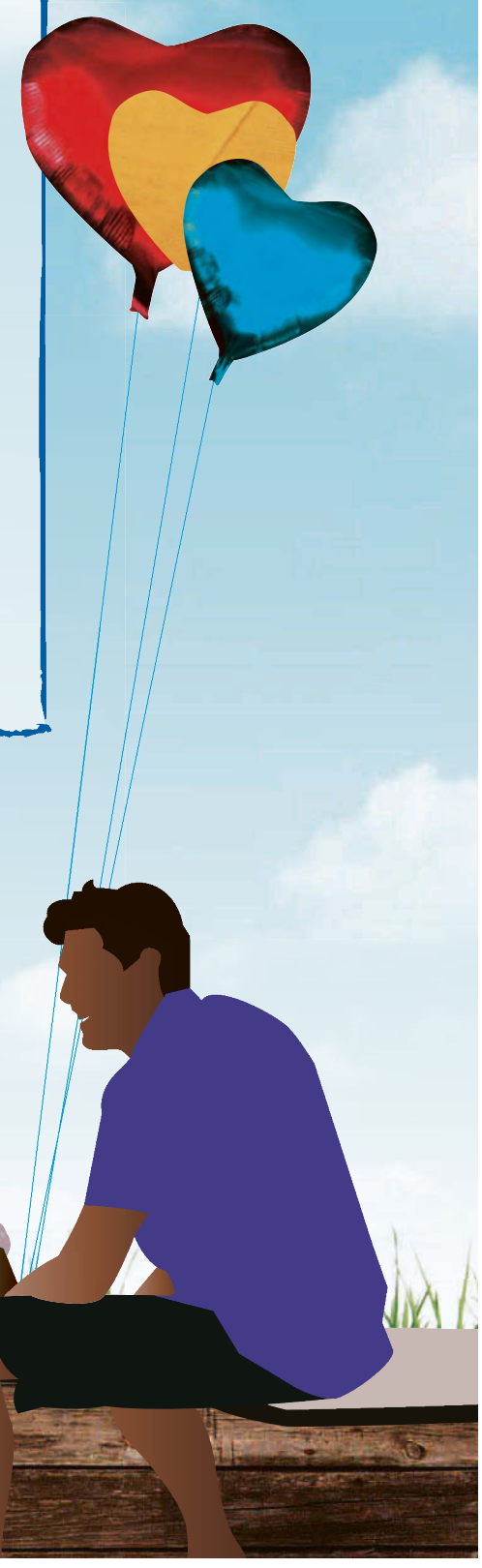
TOWER HAMLETS

Whatever your age, ethnicity or personal circumstances, fostering could be for you. You need time, patience, tolerance and energy. You must be able to share your home and life with others, and there's no doubt that a sense of humour goes a long way!

What we offer Foster Carers

Tower Hamlets offer carers a wide range of support, training and allowances including:

- Carers will receive up to £471 per week in fostering fees and allowances (per child in placement depending on age)
- Extensive training opportunities
- Visits from a member of the fostering team at least fortnightly at the start of new placements - more if carers are having difficulties with their placement
- Monthly support group meetings
- 24-hour help and advice line
- Access to an experienced 'mentor', who can offer advice and support
- Membership of the Fostering Network providing regular support
- Two weeks paid holiday per year
- All necessary bedroom furniture and equipment
- Mileage payments of 40p per mile – for carers that live outside 10 mile radius
- Opportunities to take part in outings and events for foster families
- All foster carers receive newsletters and correspondence about events and service updates
- All foster carers are members of the Tower Hamlets' Foster Carers Association, an independent body to voice the needs of the foster carers



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